US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jul 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:14	8.1	1:58	7.0	7:32	0.1	7:30	1.1	5:07	8:26	
2	Wed	1:53	8.2	2:36	7.1	8:11	0.0	8:12	1.0	5:07	8:26	
3	Thu	2:34	8.2	3:17	7.2	8:51	-0.1	8:57	0.9	5:08	8:26	
4	Fri	3:17	8.2	4:00	7.4	9:34	-0.1	9:46	0.8	5:08	8:25	
5	Sat	4:05	8.1	4:47	7.6	10:19	-0.1	10:39	0.7	5:09	8:25	
6	Sun	4:58	8.0	5:37	7.9	11:08	0.0	11:35	0.5	5:10	8:25	
7	Mon	5:54	7.8	6:29	8.1	11:59	0.1			5:10	8:24	
8	Tue	6:54	7.6	7:25	8.4	12:35	0.4	12:53	0.2	5:11	8:24	
9	Wed	7:58	7.5	8:23	8.6	1:38	0.1	1:52	0.3	5:12	8:24	
10	Thu	9:04	7.5	9:22	8.8	2:42	-0.1	2:52	0.3	5:13	8:23	
11	Fri	10:06	7.5	10:20	9.0	3:44	-0.4	3:51	0.3	5:13	8:23	
12	Sat	11:06	7.6	11:16	9.2	4:42	-0.7	4:48	0.2	5:14	8:22	
13	Sun			12:02	7.7	5:38	-0.8	5:44	0.2	5:15	8:22	
14	Mon	12:10	9.2	12:57	7.8	6:32	-0.9	6:38	0.2	5:16	8:21	
15	Tue	1:04	9.1	1:48	7.8	7:23	-0.8	7:30	0.3	5:17	8:20	
16	Wed	1:55	8.9	2:37	7.8	8:12	-0.7	8:21	0.4	5:17	8:20	
17	Thu	2:44	8.6	3:26	7.7	9:00	-0.4	9:12	0.6	5:18	8:19	
18	Fri	3:34	8.2	4:14	7.6	9:47	-0.1	10:04	0.8	5:19	8:18	
19	Sat	4:24	7.8	5:02	7.5	10:33	0.3	10:58	1.0	5:20	8:18	
20	Sun	5:16	7.3	5:50	7.4	11:20	0.7	11:52	1.1	5:21	8:17	
21	Mon	6:09	6.9	6:38	7.3			12:07	1.0	5:22	8:16	
22	Tue	7:04	6.6	7:28	7.3	12:47	1.2	12:55	1.3	5:23	8:15	
23	Wed	8:02	6.4	8:19	7.3	1:44	1.2	1:47	1.5	5:24	8:14	
24	Thu	8:59	6.3	9:11	7.4	2:42	1.2	2:40	1.6	5:25	8:13	
25	Fri	9:53	6.4	9:59	7.5	3:35	1.0	3:31	1.6	5:26	8:12	
26	Sat	10:42	6.5	10:44	7.7	4:23	0.8	4:18	1.5	5:27	8:11	
27	Sun	11:27	6.7	11:28	8.0	5:06	0.5	5:01	1.3	5:28	8:10	
28	Mon			12:10	6.9	5:47	0.3	5:43	1.1	5:29	8:09	
29	Tue	12:09	8.2	12:50	7.1	6:27	0.1	6:25	0.9	5:30	8:08	
30	Wed	12:51	8.4	1:30	7.3	7:06	-0.2	7:08	0.6	5:31	8:07	
31	Thu	1:32	8.5	2:09	7.6	7:45	-0.3	7:51	0.4	5:32	8:06	