US HARBORS www.USHarbors.com

Atlantic Heights, NH - Aug 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:14	8.6	2:50	7.8	8:25	-0.4	8:37	0.3	5:33	8:05	
2	Sat	2:58	8.5	3:33	8.0	9:08	-0.4	9:27	0.2	5:34	8:04	
3	Sun	3:47	8.3	4:20	8.2	9:53	-0.3	10:20	0.1	5:35	8:02	
4	Mon	4:40	8.0	5:10	8.3	10:42	-0.1	11:17	0.1	5:36	8:01	
5	Tue	5:37	7.7	6:05	8.4	11:35	0.1			5:37	8:00	
6	Wed	6:39	7.4	7:03	8.4	12:17	0.1	12:32	0.4	5:38	7:59	
7	Thu	7:45	7.2	8:05	8.4	1:21	0.1	1:33	0.6	5:39	7:57	
8	Fri	8:53	7.2	9:10	8.5	2:29	0.0	2:38	0.7	5:40	7:56	
9	Sat	9:58	7.2	10:11	8.7	3:34	-0.2	3:41	0.6	5:42	7:55	
10	Sun	10:57	7.4	11:08	8.8	4:34	-0.4	4:40	0.5	5:43	7:53	
11	Mon	11:51	7.6			5:28	-0.5	5:34	0.3	5:44	7:52	
12	Tue	12:01	8.8	12:41	7.7	6:19	-0.6	6:25	0.2	5:45	7:50	
13	Wed	12:51	8.8	1:28	7.8	7:06	-0.5	7:14	0.2	5:46	7:49	
14	Thu	1:38	8.6	2:12	7.8	7:49	-0.4	8:00	0.3	5:47	7:48	
15	Fri	2:22	8.3	2:53	7.7	8:30	-0.1	8:45	0.5	5:48	7:46	
16	Sat	3:06	8.0	3:34	7.7	9:10	0.2	9:30	0.6	5:49	7:45	
17	Sun	3:50	7.6	4:16	7.5	9:50	0.6	10:17	0.8	5:50	7:43	
18	Mon	4:37	7.1	5:00	7.4	10:32	0.9	11:07	1.0	5:51	7:42	
19	Tue	5:27	6.8	5:47	7.2	11:17	1.3	11:58	1.2	5:52	7:40	
20	Wed	6:20	6.5	6:36	7.1			12:05	1.6	5:54	7:38	
21	Thu	7:17	6.2	7:30	7.1	12:54	1.3	12:57	1.8	5:55	7:37	
22	Fri	8:17	6.2	8:27	7.2	1:53	1.3	1:54	1.8	5:56	7:35	
23	Sat	9:15	6.3	9:22	7.4	2:52	1.2	2:51	1.7	5:57	7:34	
24	Sun	10:06	6.5	10:12	7.7	3:45	0.9	3:43	1.4	5:58	7:32	
25	Mon	10:52	6.8	10:57	8.0	4:31	0.6	4:30	1.1	5:59	7:30	
26	Tue	11:35	7.1	11:41	8.4	5:13	0.2	5:15	0.7	6:00	7:29	
27	Wed			12:16	7.5	5:54	-0.1	5:59	0.4	6:01	7:27	
28	Thu	12:24	8.6	12:57	7.9	6:34	-0.4	6:44	0.0	6:02	7:25	
29	Fri	1:08	8.8	1:38	8.2	7:15	-0.6	7:30	-0.3	6:03	7:24	
30	Sat	1:53	8.8	2:20	8.5	7:57	-0.7	8:17	-0.4	6:04	7:22	
31	Sun	2:39	8.6	3:04	8.7	8:41	-0.6	9:07	-0.5	6:06	7:20	