US HARBORS www.USHarbors.com

Atlantic Heights, NH - Sep 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:29	8.4	3:52	8.7	9:28	-0.3	10:01	-0.4	6:07	7:19	
2	Tue	4:24	8.0	4:46	8.6	10:19	0.0	10:59	-0.2	6:08	7:17	
3	Wed	5:24	7.6	5:44	8.4	11:15	0.3			6:09	7:15	
4	Thu	6:29	7.3	6:47	8.3	12:02	0.0	12:16	0.7	6:10	7:13	
5	Fri	7:37	7.1	7:55	8.2	1:10	0.1	1:23	0.9	6:11	7:12	
6	Sat	8:47	7.1	9:03	8.2	2:20	0.2	2:32	0.9	6:12	7:10	
7	Sun	9:51	7.2	10:05	8.3	3:26	0.1	3:37	0.7	6:13	7:08	
8	Mon	10:46	7.4	11:00	8.5	4:24	-0.1	4:34	0.5	6:14	7:06	
9	Tue	11:36	7.6	11:49	8.5	5:15	-0.2	5:25	0.3	6:15	7:04	
10	Wed			12:22	7.8	6:01	-0.2	6:12	0.2	6:16	7:03	
11	Thu	12:35	8.4	1:03	7.9	6:42	-0.2	6:56	0.2	6:18	7:01	
12	Fri	1:18	8.3	1:41	7.9	7:21	0.0	7:37	0.2	6:19	6:59	
13	Sat	1:58	8.0	2:18	7.9	7:57	0.2	8:17	0.3	6:20	6:57	
14	Sun	2:37	7.7	2:53	7.7	8:32	0.5	8:56	0.5	6:21	6:56	
15	Mon	3:18	7.3	3:30	7.6	9:08	0.9	9:38	0.7	6:22	6:54	
16	Tue	4:00	7.0	4:11	7.4	9:48	1.2	10:23	0.9	6:23	6:52	
17	Wed	4:48	6.6	4:57	7.2	10:32	1.5	11:13	1.1	6:24	6:50	
18	Thu	5:39	6.4	5:48	7.0	11:20	1.7			6:25	6:48	
19	Fri	6:35	6.2	6:44	7.0	12:07	1.3	12:14	1.9	6:26	6:46	
20	Sat	7:35	6.2	7:43	7.1	1:05	1.3	1:12	1.9	6:27	6:45	
21	Sun	8:34	6.3	8:42	7.3	2:06	1.2	2:12	1.7	6:28	6:43	
22	Mon	9:28	6.6	9:36	7.7	3:03	0.9	3:08	1.3	6:30	6:41	
23	Tue	10:15	7.1	10:25	8.1	3:52	0.5	3:59	0.9	6:31	6:39	
24	Wed	10:58	7.6	11:11	8.5	4:36	0.1	4:46	0.3	6:32	6:37	
25	Thu	11:40	8.1	11:57	8.7	5:18	-0.3	5:33	-0.2	6:33	6:36	
26	Fri			12:22	8.6	6:00	-0.6	6:20	-0.6	6:34	6:34	
27	Sat	12:44	8.9	1:05	8.9	6:43	-0.7	7:08	-0.9	6:35	6:32	
28	Sun	1:31	8.9	1:50	9.2	7:28	-0.7	7:57	-1.1	6:36	6:30	
29	Mon	2:20	8.7	2:37	9.2	8:14	-0.5	8:48	-1.0	6:37	6:28	
30	Tue	3:12	8.3	3:28	9.0	9:04	-0.2	9:43	-0.7	6:39	6:27	