US HARBORS www.USHarbors.com

Atlantic Heights, NH - Nov 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:07	7.3	5:21	8.0	10:52	1.0	11:42	0.2	6:17	4:35	
2	Sun	6:13	7.2	6:30	7.7			12:03	1.1	6:18	4:34	
3	Mon	7:18	7.3	7:36	7.6	12:48	0.4	1:12	1.0	6:20	4:33	
4	Tue	8:15	7.5	8:35	7.6	1:49	0.4	2:14	0.8	6:21	4:31	
5	Wed	9:05	7.7	9:26	7.6	2:42	0.4	3:07	0.5	6:22	4:30	
6	Thu	9:49	7.9	10:12	7.6	3:27	0.4	3:54	0.3	6:23	4:29	
7	Fri	10:28	8.0	10:54	7.5	4:08	0.5	4:36	0.1	6:25	4:28	
8	Sat	11:05	8.1	11:34	7.4	4:44	0.6	5:14	0.1	6:26	4:27	
9	Sun	11:39	8.0			5:19	0.8	5:50	0.1	6:27	4:26	
10	Mon	12:12	7.3	12:12	8.0	5:53	0.9	6:25	0.2	6:29	4:24	
11	Tue	12:49	7.1	12:46	7.8	6:27	1.1	7:01	0.3	6:30	4:23	
12	Wed	1:25	6.9	1:21	7.7	7:02	1.3	7:38	0.4	6:31	4:22	
13	Thu	2:04	6.7	1:59	7.5	7:40	1.4	8:18	0.6	6:32	4:21	
14	Fri	2:45	6.6	2:42	7.4	8:22	1.6	9:03	0.8	6:34	4:20	
15	Sat	3:32	6.4	3:31	7.3	9:10	1.7	9:52	0.8	6:35	4:19	
16	Sun	4:23	6.4	4:25	7.2	10:02	1.7	10:44	0.8	6:36	4:18	
17	Mon	5:16	6.6	5:22	7.2	10:59	1.6	11:38	0.7	6:37	4:18	
18	Tue	6:10	6.8	6:22	7.3	11:59	1.3			6:39	4:17	
19	Wed	7:04	7.3	7:22	7.6	12:33	0.6	1:00	0.8	6:40	4:16	
20	Thu	7:56	7.9	8:20	7.8	1:27	0.3	1:59	0.3	6:41	4:15	
21	Fri	8:45	8.5	9:15	8.1	2:19	0.0	2:53	-0.4	6:42	4:14	
22	Sat	9:34	9.0	10:08	8.4	3:09	-0.3	3:46	-1.0	6:44	4:14	
23	Sun	10:22	9.4	11:01	8.5	3:59	-0.5	4:37	-1.4	6:45	4:13	
24	Mon	11:12	9.7	11:54	8.5	4:49	-0.6	5:29	-1.6	6:46	4:12	
25	Tue			12:03	9.7	5:40	-0.5	6:22	-1.6	6:47	4:12	
26	Wed	12:47	8.3	12:56	9.5	6:32	-0.3	7:15	-1.4	6:48	4:11	
27	Thu	1:42	8.1	1:51	9.2	7:26	-0.1	8:11	-1.0	6:50	4:11	
28	Fri	2:40	7.8	2:50	8.7	8:24	0.3	9:11	-0.6	6:51	4:10	
29	Sat	3:41	7.5	3:53	8.2	9:26	0.6	10:13	-0.1	6:52	4:10	
30	Sun	4:45	7.4	4:58	7.8	10:33	0.9	11:15	0.2	6:53	4:09	