US HARBORS www.USHarbors.com

Atlantic Heights, NH - Dec 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**5:47**	7.3	**6:03**	7.5	**11:40**	1.0			6:54	4:09	
2	Tue	**6:46**	7.3	**7:07**	7.2	**12:16**	0.5	**12:47**	1.0	6:55	4:09	
3	Wed	**7:42**	7.4	**8:07**	7.1	**1:14**	0.6	**1:49**	0.8	6:56	4:08	
4	Thu	**8:33**	7.6	**9:00**	7.1	**2:07**	0.8	**2:43**	0.6	6:57	4:08	
5	Fri	**9:17**	7.8	**9:47**	7.1	**2:54**	0.8	**3:30**	0.4	6:58	4:08	
6	Sat	**9:58**	7.9	**10:31**	7.1	**3:36**	0.9	**4:13**	0.2	6:59	4:08	
7	Sun	**10:36**	7.9	**11:12**	7.0	**4:15**	1.0	**4:52**	0.1	7:00	4:08	
8	Mon	**11:12**	7.9	**11:51**	7.0	**4:51**	1.0	**5:29**	0.1	7:01	4:08	
9	Tue	**11:48**	7.9			**5:27**	1.1	**6:05**	0.1	7:02	4:08	
10	Wed	**12:28**	6.9	**12:23**	7.9	**6:02**	1.1	**6:40**	0.2	7:03	4:08	
11	Thu	**1:05**	6.8	**12:59**	7.8	**6:39**	1.2	**7:16**	0.2	7:04	4:08	
12	Fri	**1:42**	6.8	**1:37**	7.7	**7:16**	1.2	**7:55**	0.3	7:05	4:08	
13	Sat	**2:21**	6.7	**2:17**	7.6	**7:58**	1.3	**8:36**	0.4	7:05	4:08	
14	Sun	**3:03**	6.7	**3:03**	7.5	**8:43**	1.3	**9:21**	0.4	7:06	4:08	
15	Mon	**3:49**	6.8	**3:54**	7.4	**9:34**	1.3	**10:09**	0.4	7:07	4:08	
16	Tue	**4:39**	7.0	**4:49**	7.4	**10:29**	1.1	**11:00**	0.4	7:08	4:09	
17	Wed	**5:30**	7.3	**5:48**	7.3	**11:28**	0.9	**11:53**	0.3	7:08	4:09	
18	Thu	**6:24**	7.7	**6:50**	7.4			**12:29**	0.5	7:09	4:09	
19	Fri	**7:19**	8.1	**7:52**	7.5	**12:49**	0.3	**1:31**	0.0	7:10	4:10	
20	Sat	**8:14**	8.6	**8:53**	7.7	**1:46**	0.1	**2:31**	-0.5	7:10	4:10	
21	Sun	**9:08**	9.0	**9:50**	7.9	**2:42**	-0.1	**3:27**	-1.0	7:11	4:10	
22	Mon	**10:01**	9.4	**10:45**	8.1	**3:36**	-0.3	**4:21**	-1.3	7:11	4:11	
23	Tue	**10:55**	9.5	**11:40**	8.1	**4:30**	-0.4	**5:15**	-1.5	7:12	4:11	
24	Wed	**11:49**	9.6			**5:23**	-0.4	**6:08**	-1.5	7:12	4:12	
25	Thu	**12:34**	8.1	**12:42**	9.4	**6:17**	-0.3	**7:01**	-1.3	7:12	4:13	
26	Fri	**1:27**	8.0	**1:36**	9.1	**7:11**	-0.1	**7:54**	-1.0	7:13	4:13	
27	Sat	**2:21**	7.8	**2:31**	8.6	**8:06**	0.1	**8:48**	-0.6	7:13	4:14	
28	Sun	**3:16**	7.6	**3:28**	8.1	**9:04**	0.4	**9:43**	-0.2	7:13	4:15	
29	Mon	**4:13**	7.4	**4:28**	7.6	**10:05**	0.7	**10:38**	0.3	7:14	4:15	
30	Tue	**5:09**	7.3	**5:28**	7.1	**11:07**	0.9	**11:33**	0.6	7:14	4:16	
31	Wed	**6:04**	7.3	**6:29**	6.8			**12:10**	1.0	7:14	4:17	