US HARBORS www.USHarbors.com

Atlantic Heights, NH - Aug 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:09	9.3	12:52	8.0	6:28	-1.0	6:37	-0.2	5:34	8:04	
2	Mon	1:04	9.3	1:45	8.2	7:20	-1.0	7:31	-0.2	5:35	8:03	
3	Tue	1:57	9.2	2:35	8.2	8:10	-0.9	8:25	-0.1	5:36	8:01	
4	Wed	2:49	8.8	3:24	8.2	8:58	-0.6	9:18	0.1	5:37	8:00	
5	Thu	3:41	8.4	4:14	8.1	9:46	-0.2	10:13	0.3	5:38	7:59	
6	Fri	4:35	7.8	5:04	7.9	10:36	0.3	11:09	0.5	5:39	7:58	
7	Sat	5:30	7.3	5:56	7.7	11:26	0.7			5:40	7:56	
8	Sun	6:27	6.9	6:48	7.5	12:07	0.8	12:17	1.2	5:41	7:55	
9	Mon	7:26	6.5	7:43	7.4	1:06	1.0	1:12	1.5	5:42	7:54	
10	Tue	8:27	6.4	8:39	7.3	2:07	1.0	2:10	1.7	5:43	7:52	
11	Wed	9:25	6.4	9:34	7.4	3:07	1.0	3:07	1.7	5:45	7:51	
12	Thu	10:17	6.5	10:23	7.6	3:59	0.9	3:58	1.6	5:46	7:49	
13	Fri	11:03	6.6	11:07	7.8	4:46	0.7	4:43	1.4	5:47	7:48	
14	Sat	11:46	6.8	11:49	7.9	5:27	0.5	5:24	1.2	5:48	7:46	
15	Sun			12:25	7.0	6:05	0.3	6:03	1.0	5:49	7:45	
16	Mon	12:28	8.1	1:02	7.2	6:40	0.2	6:41	0.8	5:50	7:43	
17	Tue	1:05	8.2	1:36	7.4	7:14	0.0	7:19	0.6	5:51	7:42	
18	Wed	1:41	8.2	2:10	7.6	7:47	0.0	7:58	0.5	5:52	7:40	
19	Thu	2:18	8.1	2:45	7.8	8:22	0.0	8:39	0.3	5:53	7:39	
20	Fri	2:58	8.0	3:22	8.0	9:00	0.0	9:23	0.2	5:54	7:37	
21	Sat	3:42	7.8	4:05	8.1	9:42	0.2	10:12	0.2	5:55	7:36	
22	Sun	4:31	7.5	4:53	8.2	10:28	0.4	11:06	0.2	5:57	7:34	
23	Mon	5:26	7.3	5:47	8.2	11:20	0.6			5:58	7:32	
24	Tue	6:27	7.0	6:46	8.2	12:05	0.3	12:17	0.8	5:59	7:31	
25	Wed	7:34	6.9	7:52	8.3	1:09	0.3	1:21	0.8	6:00	7:29	
26	Thu	8:44	7.0	9:00	8.4	2:19	0.2	2:29	0.8	6:01	7:27	
27	Fri	9:50	7.2	10:05	8.7	3:26	-0.1	3:35	0.5	6:02	7:26	
28	Sat	10:49	7.6	11:03	8.9	4:26	-0.4	4:35	0.2	6:03	7:24	
29	Sun	11:44	7.9	11:58	9.1	5:21	-0.6	5:31	-0.1	6:04	7:22	
30	Mon			12:35	8.2	6:12	-0.8	6:24	-0.3	6:05	7:21	
31	Tue	12:50	9.0	1:22	8.3	6:59	-0.7	7:15	-0.3	6:06	7:19	