US HARBORS www.USHarbors.com

Atlantic Heights, NH - Oct 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:04	8.0	2:16	8.3	7:55	0.3	8:25	-0.1	6:41	6:24	
2	Sat	2:47	7.6	2:56	8.0	8:35	0.7	9:08	0.2	6:42	6:22	
3	Sun	3:32	7.2	3:38	7.7	9:17	1.1	9:55	0.5	6:43	6:20	
4	Mon	4:21	6.8	4:25	7.4	10:02	1.4	10:45	0.9	6:44	6:18	
5	Tue	5:13	6.5	5:18	7.1	10:52	1.7	11:40	1.2	6:45	6:17	
6	Wed	6:10	6.3	6:16	7.0	11:48	1.9			6:46	6:15	
7	Thu	7:08	6.2	7:16	6.9	12:39	1.3	12:47	2.0	6:47	6:13	
8	Fri	8:07	6.3	8:16	7.0	1:39	1.3	1:48	1.9	6:49	6:11	
9	Sat	9:01	6.5	9:10	7.3	2:36	1.1	2:45	1.6	6:50	6:10	
10	Sun	9:47	6.9	9:58	7.5	3:24	0.9	3:35	1.2	6:51	6:08	
11	Mon	10:28	7.3	10:41	7.8	4:06	0.6	4:19	0.8	6:52	6:06	
12	Tue	11:06	7.8	11:23	8.0	4:43	0.3	5:01	0.3	6:53	6:05	
13	Wed	11:42	8.2			5:20	0.1	5:42	-0.2	6:54	6:03	
14	Thu	12:04	8.2	12:19	8.6	5:58	-0.1	6:24	-0.5	6:56	6:01	
15	Fri	12:46	8.2	12:58	8.8	6:38	-0.2	7:07	-0.7	6:57	6:00	
16	Sat	1:30	8.2	1:40	9.0	7:20	-0.1	7:53	-0.8	6:58	5:58	
17	Sun	2:16	8.1	2:25	8.9	8:05	0.0	8:42	-0.7	6:59	5:56	
18	Mon	3:06	7.8	3:15	8.8	8:53	0.3	9:35	-0.5	7:00	5:55	
19	Tue	4:01	7.5	4:12	8.5	9:48	0.6	10:35	-0.2	7:02	5:53	
20	Wed	5:05	7.2	5:17	8.2	10:49	0.8	11:41	0.1	7:03	5:52	
21	Thu	6:13	7.1	6:27	8.0	11:57	1.0			7:04	5:50	
22	Fri	7:22	7.1	7:38	7.9	12:49	0.2	1:09	1.0	7:05	5:49	
23	Sat	8:29	7.3	8:47	8.0	1:58	0.2	2:20	0.8	7:07	5:47	
24	Sun	9:28	7.7	9:48	8.1	3:01	0.1	3:25	0.5	7:08	5:46	
25	Mon	10:20	8.0	10:42	8.1	3:56	0.0	4:21	0.1	7:09	5:44	
26	Tue	11:07	8.3	11:32	8.1	4:44	0.0	5:10	-0.2	7:10	5:43	
27	Wed	11:50	8.4			5:28	0.1	5:56	-0.3	7:12	5:41	
28	Thu	12:18	8.0	12:30	8.5	6:09	0.2	6:39	-0.4	7:13	5:40	
29	Fri	1:01	7.8	1:08	8.4	6:48	0.5	7:20	-0.3	7:14	5:38	
30	Sat	1:43	7.5	1:45	8.2	7:26	0.7	8:00	0.0	7:15	5:37	
31	Sun	1:23	7.3	1:23	7.9	7:04	1.0	7:40	0.2	6:17	4:36	