US HARBORS www.USHarbors.com

Atlantic Heights, NH - Nov 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**2:05**	7.0	**2:03**	7.7	**7:43**	1.3	**8:22**	0.5	6:18	4:34	
2	Tue	**2:49**	6.7	**2:47**	7.4	**8:26**	1.6	**9:09**	0.8	6:19	4:33	
3	Wed	**3:38**	6.5	**3:38**	7.1	**9:14**	1.8	**10:00**	1.0	6:21	4:32	
4	Thu	**4:31**	6.3	**4:33**	7.0	**10:08**	1.9	**10:53**	1.2	6:22	4:30	
5	Fri	**5:26**	6.3	**5:30**	6.9	**11:04**	1.9	**11:47**	1.2	6:23	4:29	
6	Sat	**6:20**	6.4	**6:27**	7.0			**12:02**	1.8	6:24	4:28	
7	Sun	**7:11**	6.7	**7:23**	7.1	**12:40**	1.1	**12:59**	1.5	6:26	4:27	
8	Mon	**7:59**	7.1	**8:15**	7.3	**1:30**	0.9	**1:53**	1.1	6:27	4:26	
9	Tue	**8:42**	7.6	**9:03**	7.6	**2:15**	0.6	**2:42**	0.5	6:28	4:25	
10	Wed	**9:22**	8.1	**9:49**	7.8	**2:58**	0.3	**3:28**	0.0	6:30	4:24	
11	Thu	**10:03**	8.6	**10:34**	8.0	**3:40**	0.1	**4:12**	-0.5	6:31	4:23	
12	Fri	**10:45**	9.0	**11:21**	8.1	**4:23**	-0.1	**4:58**	-0.9	6:32	4:22	
13	Sat	**11:29**	9.2			**5:08**	-0.2	**5:46**	-1.1	6:33	4:21	
14	Sun	**12:09**	8.1	**12:17**	9.3	**5:55**	-0.2	**6:35**	-1.2	6:35	4:20	
15	Mon	**1:00**	8.0	**1:07**	9.2	**6:44**	0.0	**7:27**	-1.0	6:36	4:19	
16	Tue	**1:53**	7.8	**2:01**	9.0	**7:37**	0.2	**8:23**	-0.8	6:37	4:18	
17	Wed	**2:51**	7.6	**3:01**	8.6	**8:35**	0.4	**9:23**	-0.4	6:38	4:17	
18	Thu	**3:55**	7.4	**4:07**	8.3	**9:39**	0.7	**10:28**	-0.1	6:40	4:16	
19	Fri	**5:01**	7.3	**5:16**	8.0	**10:48**	0.8	**11:33**	0.1	6:41	4:15	
20	Sat	**6:06**	7.4	**6:24**	7.7	**11:59**	0.8			6:42	4:15	
21	Sun	**7:09**	7.6	**7:31**	7.6	**12:37**	0.2	**1:08**	0.7	6:43	4:14	
22	Mon	**8:07**	7.8	**8:32**	7.6	**1:38**	0.3	**2:12**	0.4	6:45	4:13	
23	Tue	**8:58**	8.1	**9:27**	7.5	**2:32**	0.4	**3:07**	0.1	6:46	4:12	
24	Wed	**9:44**	8.2	**10:16**	7.5	**3:20**	0.4	**3:56**	-0.1	6:47	4:12	
25	Thu	**10:26**	8.3	**11:01**	7.4	**4:04**	0.5	**4:40**	-0.2	6:48	4:11	
26	Fri	**11:06**	8.3	**11:44**	7.3	**4:45**	0.7	**5:22**	-0.2	6:49	4:11	
27	Sat	**11:44**	8.2			**5:24**	0.8	**6:01**	-0.1	6:50	4:10	
28	Sun	**12:24**	7.2	**12:21**	8.0	**6:01**	1.0	**6:39**	0.0	6:52	4:10	
29	Mon	**1:03**	7.0	**12:59**	7.9	**6:38**	1.2	**7:17**	0.2	6:53	4:09	
30	Tue	**1:41**	6.8	**1:37**	7.7	**7:17**	1.3	**7:56**	0.4	6:54	4:09	