US HARBORS www.USHarbors.com

Atlantic Heights, NH - Dec 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:22	6.7	2:18	7.5	7:57	1.5	8:37	0.6	6:55	4:09	
2	Thu	3:06	6.5	3:03	7.3	8:41	1.6	9:22	0.7	6:56	4:08	
3	Fri	3:52	6.5	3:52	7.1	9:30	1.7	10:08	0.8	6:57	4:08	
4	Sat	4:40	6.5	4:43	7.0	10:22	1.6	10:56	0.9	6:58	4:08	
5	Sun	5:28	6.7	5:37	6.9	11:16	1.5	11:44	0.9	6:59	4:08	
6	Mon	6:17	7.0	6:33	6.9			12:12	1.3	7:00	4:08	
7	Tue	7:05	7.4	7:30	7.1	12:34	0.8	1:09	0.8	7:01	4:08	
8	Wed	7:54	7.8	8:25	7.3	1:25	0.6	2:04	0.3	7:02	4:08	
9	Thu	8:41	8.3	9:17	7.5	2:15	0.4	2:56	-0.2	7:03	4:08	
10	Fri	9:29	8.8	10:08	7.7	3:05	0.2	3:46	-0.7	7:04	4:08	
11	Sat	10:17	9.2	11:00	7.9	3:54	0.0	4:37	-1.1	7:04	4:08	
12	Sun	11:08	9.4	11:52	8.0	4:44	-0.2	5:28	-1.3	7:05	4:08	
13	Mon			12:00	9.5	5:36	-0.3	6:20	-1.4	7:06	4:08	
14	Tue	12:45	8.0	12:54	9.4	6:29	-0.2	7:14	-1.3	7:07	4:08	
15	Wed	1:40	7.9	1:49	9.2	7:24	-0.1	8:09	-1.0	7:07	4:08	
16	Thu	2:37	7.8	2:48	8.8	8:22	0.1	9:07	-0.7	7:08	4:09	
17	Fri	3:37	7.7	3:51	8.3	9:25	0.3	10:07	-0.3	7:09	4:09	
18	Sat	4:39	7.6	4:57	7.8	10:32	0.5	11:07	0.0	7:09	4:09	
19	Sun	5:40	7.6	6:02	7.4	11:39	0.6			7:10	4:10	
20	Mon	6:40	7.7	7:08	7.2	12:07	0.3	12:47	0.6	7:11	4:10	
21	Tue	7:37	7.7	8:11	7.0	1:07	0.6	1:51	0.4	7:11	4:11	
22	Wed	8:31	7.8	9:07	7.0	2:04	0.8	2:48	0.2	7:12	4:11	
23	Thu	9:19	7.9	9:58	7.0	2:55	0.9	3:38	0.1	7:12	4:12	
24	Fri	10:03	8.0	10:44	7.0	3:41	1.0	4:23	0.0	7:12	4:12	
25	Sat	10:45	8.0	11:26	6.9	4:24	1.0	5:05	0.0	7:13	4:13	
26	Sun	11:25	8.0			5:04	1.0	5:44	0.0	7:13	4:14	
27	Mon	12:06	6.9	12:03	7.9	5:41	1.0	6:21	0.0	7:13	4:14	
28	Tue	12:43	6.9	12:40	7.9	6:18	1.1	6:56	0.1	7:14	4:15	
29	Wed	1:20	6.8	1:16	7.8	6:55	1.1	7:32	0.2	7:14	4:16	
30	Thu	1:56	6.8	1:53	7.7	7:32	1.1	8:08	0.3	7:14	4:17	
31	Fri	2:33	6.8	2:32	7.5	8:13	1.2	8:41	0.4	7:14	4:18	