US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jan 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:08	6.8	3:11	7.3	8:52	1.2	9:22	0.5	7:14	4:18	
2	Sun	3:49	6.9	3:58	7.1	9:40	1.2	10:05	0.6	7:14	4:19	
3	Mon	4:33	7.1	4:49	6.9	10:31	1.1	10:51	0.7	7:14	4:20	
4	Tue	5:20	7.3	5:45	6.7	11:26	0.9	11:42	0.8	7:14	4:21	
5	Wed	6:11	7.5	6:46	6.7			12:25	0.6	7:14	4:22	
6	Thu	7:07	7.8	7:49	6.8	12:37	0.8	1:27	0.3	7:14	4:23	
7	Fri	8:05	8.2	8:51	7.0	1:36	0.7	2:28	-0.2	7:14	4:24	
8	Sat	9:02	8.6	9:49	7.3	2:35	0.5	3:26	-0.6	7:14	4:25	
9	Sun	9:58	9.0	10:45	7.6	3:32	0.2	4:21	-1.0	7:13	4:26	
10	Mon	10:54	9.3	11:40	7.9	4:27	-0.1	5:15	-1.3	7:13	4:27	
11	Tue	11:49	9.5			5:22	-0.4	6:08	-1.4	7:13	4:29	
12	Wed	12:33	8.1	12:44	9.4	6:17	-0.5	7:00	-1.4	7:12	4:30	
13	Thu	1:26	8.2	1:38	9.2	7:12	-0.5	7:52	-1.2	7:12	4:31	
14	Fri	2:18	8.2	2:33	8.8	8:08	-0.3	8:44	-0.9	7:11	4:32	
15	Sat	3:12	8.1	3:31	8.2	9:07	-0.1	9:37	-0.4	7:11	4:33	
16	Sun	4:08	8.0	4:31	7.6	10:08	0.1	10:32	0.1	7:10	4:34	
17	Mon	5:03	7.8	5:32	7.1	11:11	0.3	11:28	0.6	7:10	4:36	
18	Tue	6:00	7.6	6:36	6.7			12:15	0.5	7:09	4:37	
19	Wed	6:58	7.5	7:40	6.5	12:27	1.0	1:20	0.5	7:09	4:38	
20	Thu	7:55	7.5	8:40	6.5	1:27	1.2	2:20	0.5	7:08	4:39	
21	Fri	8:49	7.5	9:32	6.5	2:24	1.3	3:13	0.4	7:07	4:41	
22	Sat	9:38	7.6	10:19	6.6	3:15	1.2	4:00	0.3	7:07	4:42	
23	Sun	10:22	7.7	11:02	6.7	4:00	1.1	4:43	0.2	7:06	4:43	
24	Mon	11:03	7.8	11:41	6.8	4:41	1.0	5:21	0.1	7:05	4:45	
25	Tue	11:41	7.9			5:19	0.9	5:57	0.0	7:04	4:46	
26	Wed	12:17	6.9	12:17	7.9	5:55	0.8	6:29	0.0	7:03	4:47	
27	Thu	12:51	7.0	12:52	7.9	6:30	0.7	7:01	0.0	7:02	4:48	
28	Fri	1:23	7.1	1:26	7.8	7:05	0.7	7:33	0.0	7:01	4:50	
29	Sat	1:56	7.2	2:01	7.6	7:43	0.7	8:07	0.1	7:00	4:51	
30	Sun	2:29	7.3	2:40	7.4	8:23	0.6	8:44	0.3	6:59	4:52	
31	Mon	3:07	7.4	3:24	7.1	9:07	0.6	9:25	0.5	6:58	4:54	