US HARBORS www.USHarbors.com

Atlantic Heights, NH - Mar 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:32	7.9	3:00	7.2	8:41	0.1	8:55	0.5	6:18	5:32	
2	Wed	3:15	7.9	3:51	6.9	9:31	0.1	9:43	0.7	6:16	5:33	
3	Thu	4:06	7.8	4:49	6.7	10:27	0.3	10:39	0.9	6:15	5:34	
4	Fri	5:06	7.7	5:56	6.5	11:30	0.4	11:43	1.0	6:13	5:36	
5	Sat	6:13	7.7	7:09	6.6			12:41	0.3	6:11	5:37	
6	Sun	7:26	7.9	8:20	6.9	12:54	1.0	1:53	0.1	6:09	5:38	
7	Mon	8:35	8.3	9:22	7.3	2:05	0.6	2:57	-0.3	6:08	5:39	
8	Tue	9:37	8.6	10:17	7.8	3:09	0.2	3:53	-0.7	6:06	5:40	
9	Wed	10:33	8.9	11:07	8.3	4:06	-0.3	4:44	-1.0	6:04	5:42	
10	Thu	11:25	9.0	11:55	8.6	5:00	-0.7	5:32	-1.1	6:03	5:43	
11	Fri			12:15	8.9	5:51	-0.9	6:17	-1.0	6:01	5:44	
12	Sat	12:40	8.8	1:03	8.7	6:40	-1.0	7:01	-0.7	5:59	5:45	
13	Sun	1:23	8.7	1:51	8.2	7:28	-0.8	7:44	-0.3	5:57	5:47	
14	Mon	2:07	8.5	2:39	7.7	8:16	-0.5	8:29	0.3	5:56	5:48	
15	Tue	2:52	8.1	3:30	7.2	9:06	-0.1	9:17	0.8	5:54	5:49	
16	Wed	3:41	7.7	4:25	6.7	9:59	0.3	10:08	1.3	5:52	5:50	
17	Thu	4:34	7.3	5:24	6.3	10:57	0.8	11:05	1.6	5:50	5:51	
18	Fri	5:33	7.0	6:27	6.1			12:00	1.0	5:49	5:52	
19	Sat	6:37	6.8	7:30	6.1	12:08	1.8	1:06	1.1	5:47	5:54	
20	Sun	7:41	6.9	8:27	6.3	1:14	1.8	2:06	1.1	5:45	5:55	
21	Mon	8:37	7.1	9:16	6.6	2:14	1.6	2:56	0.8	5:43	5:56	
22	Tue	9:25	7.3	9:58	6.9	3:04	1.3	3:38	0.6	5:41	5:57	
23	Wed	10:08	7.5	10:35	7.2	3:47	0.9	4:15	0.4	5:40	5:58	
24	Thu	10:47	7.7	11:10	7.6	4:25	0.6	4:48	0.2	5:38	6:00	
25	Fri	11:24	7.8	11:42	7.8	5:02	0.3	5:21	0.1	5:36	6:01	
26	Sat			12:01	7.9	5:38	0.0	5:54	0.1	5:34	6:02	
27	Sun	12:14	8.1	12:37	7.8	6:15	-0.2	6:28	0.1	5:33	6:03	
28	Mon	12:48	8.3	1:15	7.7	6:54	-0.4	7:05	0.2	5:31	6:04	
29	Tue	1:24	8.3	1:57	7.5	7:35	-0.4	7:46	0.3	5:29	6:05	
30	Wed	2:05	8.3	2:43	7.3	8:21	-0.3	8:32	0.6	5:27	6:07	
31	Thu	2:52	8.2	3:37	7.0	9:13	-0.1	9:25	0.8	5:26	6:08	