US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jul 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:33	7.2	8:55	8.1	2:13	0.4	2:24	0.8	5:07	8:26	
2	Sat	9:34	7.0	9:48	8.1	3:15	0.3	3:20	1.0	5:08	8:26	
3	Sun	10:30	7.0	10:37	8.1	4:10	0.2	4:12	1.1	5:08	8:25	
4	Mon	11:20	6.9	11:23	8.1	5:00	0.1	5:00	1.2	5:09	8:25	
5	Tue			12:07	6.9	5:46	0.1	5:44	1.2	5:09	8:25	
6	Wed	12:07	8.1	12:50	6.9	6:29	0.1	6:26	1.2	5:10	8:25	
7	Thu	12:48	8.1	1:30	6.9	7:09	0.2	7:05	1.2	5:11	8:24	
8	Fri	1:28	8.0	2:08	7.0	7:46	0.2	7:43	1.2	5:11	8:24	
9	Sat	2:05	7.9	2:45	7.0	8:21	0.3	8:22	1.3	5:12	8:23	
10	Sun	2:42	7.8	3:22	7.0	8:57	0.4	9:01	1.3	5:13	8:23	
11	Mon	3:21	7.6	3:59	7.1	9:32	0.5	9:43	1.3	5:14	8:22	
12	Tue	4:01	7.4	4:38	7.2	10:10	0.6	10:28	1.3	5:15	8:22	
13	Wed	4:45	7.2	5:18	7.3	10:49	0.7	11:15	1.2	5:15	8:21	
14	Thu	5:31	7.0	6:01	7.4	11:32	0.8			5:16	8:21	
15	Fri	6:22	6.8	6:47	7.6	12:05	1.1	12:17	1.0	5:17	8:20	
16	Sat	7:17	6.7	7:38	7.8	12:59	0.9	1:08	1.0	5:18	8:19	
17	Sun	8:17	6.7	8:34	8.1	1:58	0.7	2:04	1.0	5:19	8:19	
18	Mon	9:19	6.8	9:31	8.5	2:58	0.3	3:03	0.9	5:20	8:18	
19	Tue	10:18	7.1	10:28	8.9	3:57	-0.1	4:00	0.6	5:21	8:17	
20	Wed	11:15	7.4	11:24	9.2	4:53	-0.5	4:57	0.3	5:22	8:16	
21	Thu			12:11	7.7	5:48	-0.8	5:53	0.0	5:22	8:15	
22	Fri	12:21	9.4	1:06	8.0	6:42	-1.1	6:49	-0.2	5:23	8:15	
23	Sat	1:17	9.5	1:59	8.2	7:34	-1.2	7:45	-0.3	5:24	8:14	
24	Sun	2:11	9.4	2:52	8.4	8:25	-1.1	8:41	-0.3	5:25	8:13	
25	Mon	3:06	9.1	3:45	8.5	9:17	-0.9	9:39	-0.2	5:26	8:12	
26	Tue	4:03	8.7	4:39	8.4	10:09	-0.6	10:39	0.0	5:27	8:11	
27	Wed	5:02	8.1	5:35	8.3	11:03	-0.1	11:41	0.2	5:28	8:10	
28	Thu	6:03	7.6	6:30	8.1	11:58	0.4			5:29	8:09	
29	Fri	7:05	7.2	7:28	8.0	12:44	0.4	12:56	0.8	5:30	8:08	
30	Sat	8:09	6.8	8:27	7.8	1:48	0.5	1:56	1.2	5:31	8:06	
31	Sun	9:12	6.7	9:24	7.8	2:52	0.5	2:56	1.3	5:32	8:05	