US HARBORS www.USHarbors.com

Atlantic Heights, NH - Aug 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:09	6.7	10:17	7.8	3:49	0.5	3:51	1.4	5:34	8:04	
2	Tue	10:59	6.7	11:04	7.9	4:41	0.4	4:40	1.3	5:35	8:03	
3	Wed	11:45	6.8	11:48	7.9	5:26	0.4	5:25	1.2	5:36	8:02	
4	Thu			12:27	6.9	6:08	0.3	6:05	1.1	5:37	8:01	
5	Fri	12:28	8.0	1:05	7.0	6:45	0.3	6:43	1.0	5:38	7:59	
6	Sat	1:06	8.0	1:40	7.1	7:19	0.2	7:20	1.0	5:39	7:58	
7	Sun	1:42	8.0	2:14	7.2	7:51	0.2	7:56	0.9	5:40	7:57	
8	Mon	2:16	7.8	2:46	7.3	8:23	0.3	8:32	0.9	5:41	7:55	
9	Tue	2:51	7.7	3:19	7.4	8:55	0.4	9:11	0.9	5:42	7:54	
10	Wed	3:29	7.5	3:54	7.5	9:30	0.5	9:53	0.8	5:43	7:53	
11	Thu	4:10	7.2	4:33	7.6	10:09	0.7	10:39	0.8	5:44	7:51	
12	Fri	4:56	7.0	5:17	7.7	10:52	0.8	11:29	0.8	5:45	7:50	
13	Sat	5:48	6.8	6:07	7.8	11:40	1.0			5:46	7:48	
14	Sun	6:45	6.7	7:03	7.9	12:25	0.7	12:34	1.1	5:48	7:47	
15	Mon	7:48	6.6	8:06	8.1	1:27	0.6	1:35	1.1	5:49	7:45	
16	Tue	8:56	6.8	9:11	8.4	2:33	0.3	2:40	0.9	5:50	7:44	
17	Wed	9:59	7.1	10:12	8.8	3:37	0.0	3:43	0.5	5:51	7:42	
18	Thu	10:58	7.5	11:11	9.2	4:35	-0.5	4:42	0.1	5:52	7:41	
19	Fri	11:53	8.0			5:30	-0.8	5:40	-0.3	5:53	7:39	
20	Sat	12:07	9.4	12:46	8.4	6:22	-1.1	6:35	-0.6	5:54	7:38	
21	Sun	1:02	9.4	1:37	8.6	7:12	-1.2	7:30	-0.7	5:55	7:36	
22	Mon	1:55	9.3	2:26	8.8	8:01	-1.0	8:23	-0.7	5:56	7:34	
23	Tue	2:47	8.9	3:15	8.7	8:50	-0.7	9:18	-0.5	5:57	7:33	
24	Wed	3:41	8.4	4:06	8.6	9:39	-0.3	10:14	-0.2	5:58	7:31	
25	Thu	4:38	7.8	5:00	8.3	10:32	0.3	11:13	0.1	6:00	7:29	
26	Fri	5:37	7.3	5:56	7.9	11:27	0.8			6:01	7:28	
27	Sat	6:39	6.9	6:55	7.6	12:15	0.5	12:25	1.2	6:02	7:26	
28	Sun	7:42	6.6	7:57	7.5	1:19	0.7	1:27	1.5	6:03	7:24	
29	Mon	8:46	6.5	8:58	7.4	2:24	0.8	2:30	1.6	6:04	7:23	
30	Tue	9:43	6.5	9:53	7.5	3:24	0.8	3:28	1.5	6:05	7:21	
31	Wed	10:33	6.7	10:41	7.7	4:15	0.7	4:18	1.3	6:06	7:19	