US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jan 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:05	9.2	5:40	0.0	6:24	-1.1	7:14	4:18	
2	Mon	12:49	7.8	12:56	9.2	6:31	-0.2	7:14	-1.2	7:14	4:19	
3	Tue	1:39	7.9	1:49	9.1	7:24	-0.2	8:04	-1.1	7:14	4:20	
4	Wed	2:31	8.0	2:44	8.7	8:20	-0.2	8:56	-0.8	7:14	4:21	
5	Thu	3:26	8.1	3:43	8.3	9:20	-0.1	9:51	-0.5	7:14	4:22	
6	Fri	4:22	8.1	4:45	7.8	10:22	0.0	10:47	-0.1	7:14	4:23	
7	Sat	5:20	8.1	5:50	7.4	11:27	0.1	11:46	0.3	7:14	4:24	
8	Sun	6:19	8.0	6:57	7.0			12:34	0.2	7:14	4:25	
9	Mon	7:20	8.0	8:03	6.9	12:47	0.6	1:41	0.1	7:13	4:26	
10	Tue	8:19	8.0	9:04	6.9	1:50	0.8	2:42	0.0	7:13	4:27	
11	Wed	9:13	8.0	9:58	6.9	2:47	0.9	3:36	-0.1	7:13	4:28	
12	Thu	10:04	8.0	10:46	6.9	3:39	0.9	4:25	-0.1	7:12	4:29	
13	Fri	10:50	8.1	11:31	7.0	4:26	0.9	5:10	-0.2	7:12	4:31	
14	Sat	11:33	8.1			5:10	0.8	5:51	-0.1	7:12	4:32	
15	Sun	12:11	7.0	12:13	8.0	5:50	0.8	6:28	-0.1	7:11	4:33	
16	Mon	12:49	7.0	12:50	7.9	6:28	0.8	7:03	0.0	7:11	4:34	
17	Tue	1:25	7.0	1:26	7.7	7:06	0.8	7:37	0.2	7:10	4:35	
18	Wed	2:00	7.0	2:03	7.5	7:44	0.9	8:11	0.3	7:09	4:37	
19	Thu	2:36	7.0	2:42	7.2	8:23	1.0	8:47	0.5	7:09	4:38	
20	Fri	3:13	7.0	3:24	6.9	9:06	1.0	9:25	0.8	7:08	4:39	
21	Sat	3:52	7.0	4:11	6.6	9:53	1.1	10:07	1.0	7:07	4:40	
22	Sun	4:35	7.0	5:02	6.4	10:43	1.1	10:54	1.2	7:07	4:42	
23	Mon	5:23	7.1	5:58	6.2	11:37	1.0	11:45	1.3	7:06	4:43	
24	Tue	6:15	7.2	7:00	6.2			12:37	0.9	7:05	4:44	
25	Wed	7:13	7.4	8:04	6.3	12:43	1.3	1:40	0.6	7:04	4:46	
26	Thu	8:13	7.8	9:03	6.6	1:44	1.1	2:39	0.2	7:03	4:47	
27	Fri	9:11	8.3	9:57	7.0	2:42	0.8	3:34	-0.3	7:03	4:48	
28	Sat	10:05	8.7	10:49	7.5	3:38	0.3	4:26	-0.8	7:02	4:49	
29	Sun	10:59	9.1	11:40	7.9	4:31	-0.1	5:16	-1.2	7:01	4:51	
30	Mon	11:51	9.4			5:24	-0.5	6:05	-1.4	7:00	4:52	
31	Tue	12:29	8.3	12:42	9.4	6:17	-0.8	6:54	-1.5	6:59	4:53	