US HARBORS www.USHarbors.com

Atlantic Heights, NH - Mar 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:06	8.8	12:26	9.3	6:02	-1.2	6:30	-1.4	6:18	5:31	
2	Thu	12:53	9.0	1:17	9.0	6:53	-1.3	7:16	-1.2	6:17	5:33	
3	Fri	1:40	9.1	2:09	8.6	7:45	-1.2	8:04	-0.7	6:15	5:34	
4	Sat	2:29	8.8	3:03	8.0	8:39	-0.9	8:55	-0.1	6:13	5:35	
5	Sun	3:21	8.5	4:02	7.4	9:36	-0.5	9:50	0.5	6:12	5:36	
6	Mon	4:18	8.0	5:04	6.9	10:37	0.0	10:49	1.0	6:10	5:38	
7	Tue	5:19	7.6	6:11	6.5	11:43	0.4	11:55	1.4	6:08	5:39	
8	Wed	6:25	7.3	7:19	6.3			12:53	0.7	6:06	5:40	
9	Thu	7:33	7.2	8:23	6.4	1:05	1.5	2:00	0.7	6:05	5:41	
10	Fri	8:35	7.2	9:17	6.6	2:11	1.4	2:57	0.6	6:03	5:43	
11	Sat	9:27	7.4	10:03	6.8	3:05	1.2	3:44	0.5	6:01	5:44	
12	Sun	10:13	7.6	10:43	7.1	3:52	0.9	4:24	0.3	6:00	5:45	
13	Mon	10:53	7.7	11:19	7.3	4:33	0.7	5:00	0.2	5:58	5:46	
14	Tue	11:30	7.7	11:51	7.5	5:10	0.5	5:32	0.2	5:56	5:47	
15	Wed			12:05	7.7	5:44	0.4	6:01	0.3	5:54	5:49	
16	Thu	12:22	7.6	12:38	7.6	6:18	0.2	6:31	0.3	5:53	5:50	
17	Fri	12:51	7.7	1:12	7.4	6:51	0.2	7:01	0.5	5:51	5:51	
18	Sat	1:21	7.7	1:46	7.2	7:25	0.2	7:34	0.7	5:49	5:52	
19	Sun	1:53	7.7	2:23	7.0	8:03	0.2	8:11	0.8	5:47	5:53	
20	Mon	2:30	7.7	3:06	6.7	8:45	0.3	8:54	1.0	5:45	5:55	
21	Tue	3:14	7.6	3:56	6.5	9:34	0.5	9:43	1.2	5:44	5:56	
22	Wed	4:06	7.5	4:54	6.3	10:30	0.6	10:41	1.3	5:42	5:57	
23	Thu	5:06	7.5	6:00	6.3	11:33	0.6	11:45	1.3	5:40	5:58	
24	Fri	6:14	7.6	7:09	6.6			12:40	0.5	5:38	5:59	
25	Sat	7:25	7.8	8:15	7.1	12:55	1.0	1:48	0.2	5:37	6:00	
26	Sun	8:31	8.2	9:12	7.7	2:03	0.6	2:47	-0.3	5:35	6:02	
27	Mon	9:30	8.6	10:04	8.3	3:05	-0.1	3:40	-0.7	5:33	6:03	
28	Tue	10:25	8.9	10:53	8.8	4:00	-0.7	4:29	-1.0	5:31	6:04	
29	Wed	11:18	9.0	11:40	9.2	4:53	-1.1	5:17	-1.1	5:29	6:05	
30	Thu			12:09	9.0	5:45	-1.4	6:04	-1.0	5:28	6:06	
31	Fri	12:27	9.3	12:59	8.7	6:35	-1.5	6:51	-0.7	5:26	6:07	