US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**9:19**	8.5	**10:04**	7.3	**2:51**	0.5	**3:41**	-0.6	7:14	4:18	
2	Tue	**10:12**	8.6	**10:58**	7.4	**3:46**	0.4	**4:34**	-0.7	7:14	4:19	
3	Wed	**11:04**	8.7	**11:47**	7.4	**4:38**	0.4	**5:24**	-0.7	7:14	4:20	
4	Thu	**11:53**	8.6			**5:27**	0.4	**6:11**	-0.6	7:14	4:21	
5	Fri	**12:34**	7.4	**12:38**	8.4	**6:15**	0.4	**6:55**	-0.4	7:14	4:22	
6	Sat	**1:18**	7.3	**1:22**	8.2	**7:00**	0.5	**7:37**	-0.2	7:14	4:23	
7	Sun	**2:00**	7.2	**2:05**	7.8	**7:44**	0.7	**8:18**	0.1	7:14	4:24	
8	Mon	**2:42**	7.1	**2:50**	7.4	**8:30**	0.9	**8:59**	0.4	7:14	4:25	
9	Tue	**3:26**	7.1	**3:37**	7.0	**9:18**	1.1	**9:41**	0.7	7:13	4:26	
10	Wed	**4:10**	7.0	**4:27**	6.7	**10:08**	1.2	**10:24**	1.0	7:13	4:27	
11	Thu	**4:56**	6.9	**5:20**	6.3	**11:00**	1.3	**11:11**	1.3	7:13	4:28	
12	Fri	**5:44**	6.9	**6:17**	6.1	**11:56**	1.3			7:13	4:29	
13	Sat	**6:35**	6.9	**7:17**	6.0	**12:01**	1.5	**12:54**	1.2	7:12	4:30	
14	Sun	**7:28**	7.1	**8:15**	6.1	**12:55**	1.6	**1:53**	1.0	7:12	4:31	
15	Mon	**8:21**	7.3	**9:07**	6.3	**1:51**	1.5	**2:45**	0.7	7:11	4:33	
16	Tue	**9:10**	7.6	**9:55**	6.5	**2:42**	1.3	**3:32**	0.3	7:11	4:34	
17	Wed	**9:56**	8.0	**10:39**	6.8	**3:29**	1.0	**4:17**	0.0	7:10	4:35	
18	Thu	**10:41**	8.3	**11:23**	7.2	**4:15**	0.7	**5:00**	-0.4	7:10	4:36	
19	Fri	**11:26**	8.7			**5:00**	0.3	**5:42**	-0.7	7:09	4:38	
20	Sat	**12:06**	7.5	**12:11**	8.9	**5:46**	0.0	**6:25**	-0.9	7:08	4:39	
21	Sun	**12:48**	7.8	**12:57**	8.9	**6:34**	-0.2	**7:08**	-1.0	7:08	4:40	
22	Mon	**1:32**	8.1	**1:44**	8.8	**7:22**	-0.4	**7:53**	-1.0	7:07	4:41	
23	Tue	**2:18**	8.2	**2:35**	8.5	**8:14**	-0.4	**8:41**	-0.7	7:06	4:43	
24	Wed	**3:07**	8.3	**3:30**	8.0	**9:09**	-0.3	**9:31**	-0.4	7:05	4:44	
25	Thu	**4:00**	8.3	**4:30**	7.6	**10:08**	-0.2	**10:26**	0.0	7:05	4:45	
26	Fri	**4:57**	8.2	**5:34**	7.1	**11:11**	0.0	**11:25**	0.4	7:04	4:46	
27	Sat	**5:58**	8.0	**6:44**	6.8			**12:18**	0.1	7:03	4:48	
28	Sun	**7:03**	7.9	**7:55**	6.7	**12:30**	0.8	**1:29**	0.1	7:02	4:49	
29	Mon	**8:10**	8.0	**9:00**	6.8	**1:38**	0.9	**2:36**	0.0	7:01	4:50	
30	Tue	**9:11**	8.1	**9:57**	7.0	**2:43**	0.8	**3:35**	-0.2	7:00	4:52	
31	Wed	**10:06**	8.2	**10:48**	7.1	**3:39**	0.7	**4:26**	-0.3	6:59	4:53	