US HARBORS www.USHarbors.com

Atlantic Heights, NH - Aug 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:37	8.8	2:12	8.0	7:48	-0.6	8:01	0.0	5:33	8:05	
2	Thu	2:22	8.7	2:55	8.2	8:31	-0.6	8:49	-0.1	5:34	8:04	
3	Fri	3:10	8.5	3:41	8.4	9:15	-0.5	9:41	-0.2	5:35	8:02	
4	Sat	4:01	8.2	4:30	8.5	10:03	-0.3	10:37	-0.1	5:36	8:01	
5	Sun	4:58	7.9	5:24	8.5	10:54	0.0	11:36	0.0	5:37	8:00	
6	Mon	5:58	7.5	6:21	8.4	11:50	0.4			5:38	7:59	
7	Tue	7:03	7.2	7:23	8.3	12:39	0.1	12:50	0.7	5:39	7:57	
8	Wed	8:12	7.0	8:30	8.3	1:47	0.2	1:56	0.9	5:40	7:56	
9	Thu	9:20	7.0	9:34	8.4	2:56	0.1	3:03	0.9	5:42	7:55	
10	Fri	10:22	7.1	10:33	8.5	3:59	0.0	4:04	0.8	5:43	7:53	
11	Sat	11:17	7.3	11:27	8.6	4:56	-0.2	5:00	0.6	5:44	7:52	
12	Sun			12:07	7.4	5:46	-0.3	5:51	0.5	5:45	7:50	
13	Mon	12:17	8.6	12:53	7.6	6:32	-0.3	6:38	0.4	5:46	7:49	
14	Tue	1:03	8.5	1:35	7.7	7:14	-0.2	7:23	0.4	5:47	7:47	
15	Wed	1:45	8.3	2:14	7.7	7:52	0.0	8:05	0.5	5:48	7:46	
16	Thu	2:26	8.0	2:51	7.7	8:29	0.2	8:46	0.6	5:49	7:45	
17	Fri	3:06	7.6	3:28	7.6	9:05	0.5	9:28	0.7	5:50	7:43	
18	Sat	3:48	7.2	4:07	7.5	9:42	0.8	10:13	0.9	5:51	7:41	
19	Sun	4:33	6.9	4:50	7.3	10:23	1.2	11:00	1.1	5:52	7:40	
20	Mon	5:22	6.5	5:36	7.2	11:07	1.5	11:51	1.3	5:54	7:38	
21	Tue	6:14	6.2	6:27	7.1	11:56	1.7			5:55	7:37	
22	Wed	7:11	6.1	7:22	7.1	12:47	1.4	12:49	1.8	5:56	7:35	
23	Thu	8:13	6.0	8:21	7.2	1:47	1.4	1:47	1.8	5:57	7:34	
24	Fri	9:11	6.2	9:18	7.5	2:48	1.2	2:46	1.6	5:58	7:32	
25	Sat	10:03	6.5	10:09	7.9	3:42	0.8	3:40	1.3	5:59	7:30	
26	Sun	10:50	6.9	10:57	8.3	4:28	0.4	4:30	0.9	6:00	7:29	
27	Mon	11:33	7.4	11:43	8.6	5:12	0.0	5:17	0.4	6:01	7:27	
28	Tue			12:16	7.9	5:54	-0.4	6:04	-0.1	6:02	7:25	
29	Wed	12:29	8.8	12:59	8.3	6:36	-0.7	6:52	-0.4	6:03	7:24	
30	Thu	1:15	8.9	1:42	8.7	7:19	-0.8	7:40	-0.7	6:05	7:22	
31	Fri	2:02	8.8	2:26	8.9	8:03	-0.7	8:30	-0.8	6:06	7:20	