US HARBORS www.USHarbors.com

Atlantic Heights, NH - Oct 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:29	8.1	3:42	8.9	9:17	0.0	10:02	-0.6	6:40	6:25	
2	Tue	4:29	7.6	4:43	8.5	10:15	0.5	11:06	-0.2	6:41	6:23	
3	Wed	5:35	7.3	5:50	8.1	11:19	0.9			6:42	6:21	
4	Thu	6:43	7.0	7:00	7.9	12:14	0.2	12:28	1.1	6:43	6:20	
5	Fri	7:52	7.0	8:10	7.8	1:24	0.4	1:40	1.2	6:44	6:18	
6	Sat	8:56	7.1	9:13	7.8	2:31	0.5	2:48	1.0	6:45	6:16	
7	Sun	9:51	7.3	10:09	7.8	3:29	0.4	3:46	0.8	6:47	6:14	
8	Mon	10:39	7.6	10:57	7.8	4:18	0.3	4:36	0.5	6:48	6:13	
9	Tue	11:20	7.8	11:40	7.8	5:01	0.3	5:21	0.3	6:49	6:11	
10	Wed	11:58	7.9			5:39	0.4	6:01	0.2	6:50	6:09	
11	Thu	12:21	7.7	12:33	8.0	6:13	0.5	6:38	0.2	6:51	6:07	
12	Fri	12:59	7.5	1:06	7.9	6:46	0.7	7:13	0.2	6:52	6:06	
13	Sat	1:35	7.3	1:38	7.9	7:19	0.9	7:48	0.3	6:54	6:04	
14	Sun	2:11	7.1	2:11	7.7	7:52	1.1	8:24	0.5	6:55	6:02	
15	Mon	2:48	6.9	2:47	7.6	8:28	1.3	9:02	0.7	6:56	6:01	
16	Tue	3:27	6.6	3:27	7.4	9:07	1.5	9:45	0.9	6:57	5:59	
17	Wed	4:12	6.4	4:13	7.3	9:51	1.7	10:34	1.0	6:58	5:58	
18	Thu	5:03	6.3	5:06	7.2	10:41	1.8	11:28	1.1	7:00	5:56	
19	Fri	5:58	6.2	6:03	7.2	11:37	1.8			7:01	5:54	
20	Sat	6:55	6.4	7:03	7.3	12:24	1.0	12:36	1.6	7:02	5:53	
21	Sun	7:51	6.7	8:04	7.5	1:21	0.9	1:38	1.3	7:03	5:51	
22	Mon	8:46	7.3	9:03	7.9	2:17	0.6	2:39	0.8	7:04	5:50	
23	Tue	9:36	7.9	9:58	8.2	3:10	0.2	3:35	0.1	7:06	5:48	
24	Wed	10:23	8.5	10:50	8.5	3:59	-0.2	4:27	-0.5	7:07	5:47	
25	Thu	11:09	9.1	11:41	8.7	4:46	-0.5	5:18	-1.1	7:08	5:45	
26	Fri	11:56	9.5			5:34	-0.6	6:09	-1.4	7:09	5:44	
27	Sat	12:32	8.7	12:45	9.6	6:22	-0.6	7:00	-1.5	7:11	5:42	
28	Sun	1:25	8.6	1:35	9.6	7:12	-0.5	7:52	-1.4	7:12	5:41	
29	Mon	2:18	8.3	2:28	9.3	8:04	-0.2	8:47	-1.1	7:13	5:39	
30	Tue	3:14	7.9	3:24	8.9	8:58	0.2	9:45	-0.6	7:14	5:38	
31	Wed	4:14	7.6	4:26	8.4	9:58	0.6	10:49	-0.2	7:16	5:37	