US HARBORS www.USHarbors.com

Atlantic Heights, NH - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:05	6.8	6:59	5.9			12:31	1.3	6:17	5:32	
2	Sun	7:08	6.8	8:00	6.0	12:35	1.8	1:35	1.2	6:16	5:33	
3	Mon	8:07	7.1	8:52	6.3	1:37	1.7	2:30	0.9	6:14	5:35	
4	Tue	8:59	7.4	9:38	6.7	2:32	1.3	3:16	0.5	6:12	5:36	
5	Wed	9:45	7.8	10:18	7.2	3:20	0.9	3:56	0.1	6:11	5:37	
6	Thu	10:28	8.1	10:57	7.7	4:04	0.4	4:35	-0.3	6:09	5:38	
7	Fri	11:11	8.4	11:36	8.2	4:47	-0.1	5:13	-0.6	6:07	5:40	
8	Sat	11:53	8.6			5:31	-0.5	5:53	-0.7	6:06	5:41	
9	Sun	12:15	8.6	1:37	8.6	7:15	-0.9	7:34	-0.7	7:04	6:42	
10	Mon	1:55	8.8	2:22	8.4	8:01	-1.0	8:17	-0.6	7:02	6:43	
11	Tue	2:39	8.9	3:11	8.1	8:49	-1.0	9:03	-0.3	7:00	6:44	
12	Wed	3:26	8.8	4:04	7.7	9:41	-0.8	9:55	0.1	6:59	6:46	
13	Thu	4:20	8.5	5:05	7.3	10:39	-0.4	10:53	0.5	6:57	6:47	
14	Fri	5:21	8.2	6:12	6.9	11:43	-0.1	11:57	0.8	6:55	6:48	
15	Sat	6:29	7.9	7:24	6.7			12:54	0.2	6:53	6:49	
16	Sun	7:42	7.7	8:37	6.8	1:09	1.0	2:08	0.3	6:52	6:50	
17	Mon	8:55	7.8	9:42	7.1	2:24	1.0	3:16	0.2	6:50	6:52	
18	Tue	9:58	7.9	10:37	7.4	3:32	0.7	4:14	0.0	6:48	6:53	
19	Wed	10:53	8.1	11:25	7.7	4:29	0.4	5:03	-0.2	6:46	6:54	
20	Thu	11:42	8.1			5:20	0.1	5:46	-0.2	6:45	6:55	
21	Fri	12:07	8.0	12:27	8.1	6:05	-0.2	6:26	-0.1	6:43	6:56	
22	Sat	12:46	8.1	1:08	8.0	6:47	-0.3	7:02	0.0	6:41	6:58	
23	Sun	1:23	8.1	1:47	7.7	7:26	-0.2	7:37	0.3	6:39	6:59	
24	Mon	1:57	8.1	2:25	7.5	8:03	-0.1	8:12	0.6	6:37	7:00	
25	Tue	2:31	7.9	3:03	7.1	8:41	0.1	8:47	0.9	6:36	7:01	
26	Wed	3:07	7.7	3:43	6.8	9:20	0.3	9:26	1.2	6:34	7:02	
27	Thu	3:46	7.4	4:28	6.5	10:02	0.6	10:09	1.4	6:32	7:03	
28	Fri	4:31	7.2	5:18	6.2	10:50	0.9	10:57	1.7	6:30	7:05	
29	Sat	5:22	7.0	6:13	6.1	11:43	1.1	11:51	1.8	6:29	7:06	
30	Sun	6:19	6.9	7:12	6.1			12:40	1.2	6:27	7:07	
31	Mon	7:19	6.9	8:11	6.2	12:50	1.8	1:40	1.1	6:25	7:08	