US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jul 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:32	7.5	10:44	9.2	4:10	-0.6	4:16	0.2	5:07	8:26	
2	Wed	11:31	7.7	11:42	9.4	5:08	-0.8	5:14	0.1	5:08	8:26	
3	Thu			12:29	7.9	6:05	-1.0	6:11	0.0	5:08	8:25	
4	Fri	12:39	9.5	1:24	8.0	7:00	-1.1	7:07	0.0	5:09	8:25	
5	Sat	1:34	9.4	2:18	8.1	7:52	-1.0	8:02	0.0	5:10	8:25	
6	Sun	2:28	9.1	3:10	8.1	8:43	-0.8	8:57	0.2	5:10	8:25	
7	Mon	3:21	8.7	4:02	8.0	9:34	-0.5	9:54	0.4	5:11	8:24	
8	Tue	4:16	8.2	4:54	7.9	10:24	-0.1	10:52	0.6	5:12	8:24	
9	Wed	5:12	7.7	5:46	7.8	11:15	0.3	11:50	0.8	5:12	8:23	
10	Thu	6:09	7.2	6:37	7.7			12:06	0.8	5:13	8:23	
11	Fri	7:07	6.8	7:29	7.6	12:49	0.9	12:58	1.2	5:14	8:22	
12	Sat	8:06	6.5	8:23	7.5	1:49	1.0	1:52	1.4	5:15	8:22	
13	Sun	9:05	6.4	9:16	7.5	2:48	1.0	2:48	1.6	5:16	8:21	
14	Mon	9:59	6.4	10:05	7.6	3:42	0.9	3:39	1.6	5:16	8:21	
15	Tue	10:48	6.5	10:51	7.7	4:31	0.7	4:26	1.5	5:17	8:20	
16	Wed	11:33	6.6	11:33	7.9	5:15	0.6	5:09	1.4	5:18	8:19	
17	Thu			12:15	6.8	5:55	0.4	5:49	1.3	5:19	8:18	
18	Fri	12:14	8.0	12:54	6.9	6:32	0.3	6:28	1.1	5:20	8:18	
19	Sat	12:52	8.1	1:31	7.1	7:08	0.1	7:06	1.0	5:21	8:17	
20	Sun	1:29	8.2	2:06	7.3	7:42	0.0	7:45	0.8	5:22	8:16	
21	Mon	2:06	8.2	2:41	7.5	8:16	0.0	8:25	0.7	5:23	8:15	
22	Tue	2:45	8.1	3:17	7.7	8:53	0.0	9:09	0.6	5:24	8:14	
23	Wed	3:26	8.0	3:57	7.9	9:32	0.0	9:56	0.5	5:25	8:13	
24	Thu	4:13	7.8	4:41	8.1	10:15	0.1	10:47	0.4	5:26	8:13	
25	Fri	5:04	7.5	5:31	8.2	11:03	0.3	11:42	0.3	5:27	8:12	
26	Sat	6:00	7.3	6:24	8.3	11:55	0.5			5:28	8:11	
27	Sun	7:02	7.1	7:24	8.4	12:42	0.3	12:52	0.6	5:29	8:09	
28	Mon	8:09	7.0	8:28	8.5	1:47	0.2	1:56	0.7	5:30	8:08	
29	Tue	9:18	7.1	9:33	8.7	2:55	0.0	3:01	0.6	5:31	8:07	
30	Wed	10:21	7.3	10:35	9.0	3:59	-0.3	4:04	0.4	5:32	8:06	
31	Thu	11:20	7.6	11:32	9.1	4:58	-0.6	5:03	0.2	5:33	8:05	