US HARBORS www.USHarbors.com

Atlantic Heights, NH - Aug 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:15	7.8	5:52	-0.8	6:00	0.0	5:34	8:04	
2	Sat	12:28	9.2	1:07	8.1	6:44	-0.9	6:54	-0.1	5:35	8:03	
3	Sun	1:20	9.1	1:56	8.2	7:32	-0.8	7:45	-0.1	5:36	8:01	
4	Mon	2:10	8.8	2:42	8.2	8:18	-0.6	8:36	0.0	5:37	8:00	
5	Tue	2:58	8.4	3:28	8.1	9:03	-0.2	9:26	0.2	5:38	7:59	
6	Wed	3:47	7.9	4:14	8.0	9:48	0.2	10:18	0.5	5:39	7:58	
7	Thu	4:39	7.4	5:02	7.7	10:34	0.6	11:11	0.7	5:40	7:56	
8	Fri	5:32	6.9	5:52	7.5	11:22	1.1			5:41	7:55	
9	Sat	6:27	6.6	6:44	7.3	12:07	1.0	12:13	1.4	5:42	7:54	
10	Sun	7:26	6.3	7:39	7.2	1:05	1.2	1:07	1.7	5:43	7:52	
11	Mon	8:26	6.2	8:37	7.2	2:06	1.2	2:06	1.8	5:45	7:51	
12	Tue	9:24	6.2	9:32	7.4	3:06	1.1	3:04	1.7	5:46	7:49	
13	Wed	10:15	6.4	10:20	7.6	3:57	0.9	3:54	1.5	5:47	7:48	
14	Thu	11:00	6.6	11:04	7.8	4:42	0.7	4:39	1.3	5:48	7:46	
15	Fri	11:42	6.9	11:45	8.1	5:22	0.4	5:20	1.0	5:49	7:45	
16	Sat			12:20	7.2	5:58	0.2	6:00	0.7	5:50	7:43	
17	Sun	12:24	8.2	12:56	7.5	6:33	0.0	6:39	0.5	5:51	7:42	
18	Mon	1:02	8.3	1:31	7.8	7:08	-0.1	7:20	0.2	5:52	7:40	
19	Tue	1:41	8.3	2:06	8.0	7:44	-0.2	8:01	0.0	5:53	7:39	
20	Wed	2:21	8.2	2:44	8.3	8:22	-0.2	8:45	-0.1	5:54	7:37	
21	Thu	3:04	8.0	3:26	8.4	9:03	-0.1	9:33	-0.1	5:56	7:36	
22	Fri	3:52	7.8	4:12	8.4	9:48	0.1	10:26	0.0	5:57	7:34	
23	Sat	4:46	7.5	5:06	8.3	10:39	0.4	11:24	0.1	5:58	7:32	
24	Sun	5:45	7.2	6:05	8.3	11:36	0.6			5:59	7:31	
25	Mon	6:51	6.9	7:10	8.2	12:27	0.2	12:38	0.8	6:00	7:29	
26	Tue	8:01	6.9	8:20	8.3	1:36	0.3	1:46	0.9	6:01	7:27	
27	Wed	9:11	7.0	9:28	8.4	2:46	0.1	2:55	0.7	6:02	7:26	
28	Thu	10:13	7.3	10:28	8.6	3:50	-0.1	3:59	0.5	6:03	7:24	
29	Fri	11:08	7.7	11:24	8.8	4:46	-0.4	4:56	0.1	6:04	7:22	
30	Sat	11:59	8.0			5:37	-0.5	5:49	-0.1	6:05	7:21	
31	Sun	12:15	8.8	12:45	8.2	6:23	-0.5	6:39	-0.2	6:06	7:19	