US HARBORS www.USHarbors.com

Atlantic Heights, NH - Oct 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:28	7.9	1:38	8.3	7:18	0.3	7:46	-0.1	6:41	6:23	
2	Thu	2:09	7.6	2:15	8.1	7:55	0.7	8:26	0.1	6:42	6:22	
3	Fri	2:49	7.3	2:53	7.8	8:33	1.0	9:08	0.4	6:43	6:20	
4	Sat	3:32	6.9	3:35	7.6	9:14	1.3	9:53	0.7	6:44	6:18	
5	Sun	4:19	6.6	4:22	7.3	9:59	1.6	10:42	1.0	6:45	6:16	
6	Mon	5:11	6.4	5:15	7.1	10:49	1.8	11:36	1.2	6:46	6:15	
7	Tue	6:06	6.2	6:12	7.0	11:44	1.9			6:47	6:13	
8	Wed	7:03	6.2	7:11	7.0	12:33	1.3	12:42	1.9	6:49	6:11	
9	Thu	8:00	6.4	8:09	7.1	1:30	1.3	1:41	1.7	6:50	6:10	
10	Fri	8:51	6.7	9:03	7.4	2:24	1.1	2:38	1.4	6:51	6:08	
11	Sat	9:37	7.1	9:51	7.6	3:12	0.8	3:29	0.9	6:52	6:06	
12	Sun	10:18	7.6	10:36	7.9	3:54	0.5	4:15	0.4	6:53	6:04	
13	Mon	10:57	8.2	11:21	8.1	4:35	0.2	4:59	-0.1	6:54	6:03	
14	Tue	11:37	8.6			5:15	-0.1	5:43	-0.6	6:56	6:01	
15	Wed	12:05	8.3	12:18	9.0	5:57	-0.2	6:28	-0.9	6:57	6:00	
16	Thu	12:51	8.3	1:02	9.2	6:41	-0.3	7:15	-1.1	6:58	5:58	
17	Fri	1:39	8.3	1:49	9.2	7:27	-0.2	8:05	-1.0	6:59	5:56	
18	Sat	2:29	8.1	2:39	9.1	8:16	0.0	8:58	-0.8	7:00	5:55	
19	Sun	3:23	7.8	3:34	8.8	9:09	0.3	9:56	-0.5	7:02	5:53	
20	Mon	4:23	7.5	4:36	8.5	10:09	0.6	10:59	-0.1	7:03	5:52	
21	Tue	5:30	7.2	5:45	8.1	11:15	0.8			7:04	5:50	
22	Wed	6:38	7.2	6:55	7.9	12:06	0.1	12:25	0.9	7:05	5:48	
23	Thu	7:45	7.3	8:05	7.8	1:14	0.3	1:37	0.9	7:07	5:47	
24	Fri	8:47	7.5	9:09	7.8	2:19	0.3	2:45	0.6	7:08	5:45	
25	Sat	9:42	7.8	10:06	7.8	3:17	0.3	3:44	0.3	7:09	5:44	
26	Sun	10:30	8.1	10:57	7.8	4:07	0.2	4:36	0.1	7:10	5:43	
27	Mon	11:14	8.3	11:43	7.8	4:52	0.3	5:22	-0.1	7:12	5:41	
28	Tue	11:54	8.3			5:34	0.4	6:05	-0.2	7:13	5:40	
29	Wed	12:27	7.6	12:32	8.3	6:12	0.6	6:45	-0.2	7:14	5:38	
30	Thu	1:07	7.5	1:09	8.2	6:50	0.8	7:23	0.0	7:15	5:37	
31	Fri	1:47	7.3	1:45	8.0	7:26	1.0	8:01	0.2	7:17	5:36	