US HARBORS www.USHarbors.com

Atlantic Heights, NH - Nov 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:25	7.0	2:23	7.8	8:03	1.2	8:40	0.4	7:18	5:34	
2	Sun	2:05	6.8	2:03	7.6	7:43	1.4	8:21	0.7	6:19	4:33	
3	Mon	2:49	6.6	2:47	7.4	8:25	1.6	9:07	0.9	6:21	4:32	
4	Tue	3:36	6.4	3:36	7.2	9:13	1.7	9:56	1.0	6:22	4:30	
5	Wed	4:27	6.4	4:29	7.1	10:05	1.8	10:46	1.1	6:23	4:29	
6	Thu	5:19	6.4	5:24	7.0	11:00	1.7	11:37	1.0	6:24	4:28	
7	Fri	6:10	6.7	6:20	7.0	11:57	1.6			6:26	4:27	
8	Sat	7:00	7.0	7:16	7.2	12:28	0.9	12:54	1.2	6:27	4:26	
9	Sun	7:48	7.5	8:10	7.4	1:19	0.7	1:49	0.7	6:28	4:25	
10	Mon	8:33	8.0	9:01	7.7	2:07	0.5	2:41	0.1	6:30	4:24	
11	Tue	9:18	8.5	9:51	7.9	2:54	0.2	3:29	-0.5	6:31	4:22	
12	Wed	10:03	9.0	10:40	8.1	3:40	0.0	4:18	-0.9	6:32	4:21	
13	Thu	10:49	9.3	11:30	8.2	4:27	-0.2	5:07	-1.2	6:33	4:20	
14	Fri	11:39	9.5			5:16	-0.3	5:58	-1.3	6:35	4:20	
15	Sat	12:22	8.2	12:30	9.5	6:06	-0.2	6:50	-1.3	6:36	4:19	
16	Sun	1:15	8.0	1:24	9.3	6:59	-0.1	7:44	-1.0	6:37	4:18	
17	Mon	2:11	7.8	2:21	8.9	7:55	0.2	8:42	-0.7	6:38	4:17	
18	Tue	3:11	7.6	3:24	8.5	8:57	0.4	9:44	-0.3	6:40	4:16	
19	Wed	4:16	7.5	4:31	8.1	10:03	0.7	10:47	0.0	6:41	4:15	
20	Thu	5:20	7.5	5:38	7.8	11:12	0.8	11:50	0.2	6:42	4:15	
21	Fri	6:22	7.6	6:45	7.5			12:21	0.7	6:43	4:14	
22	Sat	7:21	7.7	7:49	7.4	12:51	0.4	1:28	0.6	6:45	4:13	
23	Sun	8:16	7.9	8:47	7.3	1:49	0.6	2:27	0.4	6:46	4:12	
24	Mon	9:05	8.0	9:38	7.3	2:40	0.7	3:19	0.1	6:47	4:12	
25	Tue	9:49	8.1	10:25	7.2	3:27	0.8	4:05	0.0	6:48	4:11	
26	Wed	10:30	8.1	11:08	7.2	4:09	0.9	4:47	0.0	6:49	4:11	
27	Thu	11:09	8.1	11:49	7.1	4:48	1.0	5:27	0.0	6:50	4:10	
28	Fri	11:46	8.0			5:26	1.0	6:04	0.1	6:52	4:10	
29	Sat	12:27	7.0	12:23	7.9	6:03	1.1	6:41	0.2	6:53	4:09	
30	Sun	1:05	6.9	1:00	7.8	6:40	1.2	7:17	0.3	6:54	4:09	