US HARBORS www.USHarbors.com

Atlantic Heights, NH - Dec 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:43	6.8	1:37	7.7	7:16	1.3	7:58	0.4	6:55	4:09	
2	Tue	2:19	6.7	2:19	7.5	7:58	1.4	8:34	0.5	6:56	4:08	
3	Wed	3:01	6.6	3:01	7.4	8:40	1.5	9:16	0.6	6:57	4:08	
4	Thu	3:49	6.7	3:49	7.2	9:28	1.5	10:04	0.7	6:58	4:08	
5	Fri	4:31	6.8	4:43	7.1	10:22	1.4	10:46	0.7	6:59	4:08	
6	Sat	5:19	7.0	5:37	7.0	11:16	1.2	11:40	0.7	7:00	4:08	
7	Sun	6:07	7.4	6:31	7.0			12:10	0.9	7:01	4:08	
8	Mon	7:01	7.7	7:31	7.1	12:28	0.7	1:10	0.5	7:02	4:08	
9	Tue	7:49	8.2	8:31	7.3	1:22	0.5	2:10	0.0	7:03	4:08	
10	Wed	8:43	8.7	9:25	7.6	2:16	0.3	3:04	-0.6	7:04	4:08	
11	Thu	9:37	9.1	10:19	7.8	3:10	0.1	3:58	-1.0	7:04	4:08	
12	Fri	10:31	9.4	11:13	8.0	4:04	-0.1	4:52	-1.3	7:05	4:08	
13	Sat	11:25	9.5			4:58	-0.3	5:46	-1.4	7:06	4:08	
14	Sun	12:07	8.1	12:19	9.5	5:52	-0.3	6:34	-1.4	7:07	4:08	
15	Mon	1:01	8.1	1:13	9.4	6:46	-0.3	7:28	-1.2	7:08	4:08	
16	Tue	1:55	8.0	2:07	9.0	7:40	-0.1	8:28	-0.9	7:08	4:09	
17	Wed	2:55	7.9	3:07	8.5	8:40	0.1	9:22	-0.5	7:09	4:09	
18	Thu	3:49	7.8	4:07	8.0	9:46	0.3	10:22	-0.1	7:09	4:09	
19	Fri	4:49	7.7	5:13	7.5	10:52	0.5	11:16	0.3	7:10	4:10	
20	Sat	5:49	7.7	6:19	7.1	11:58	0.6			7:11	4:10	
21	Sun	6:49	7.6	7:19	6.8	12:16	0.7	1:04	0.6	7:11	4:11	
22	Mon	7:43	7.6	8:19	6.7	1:16	1.0	2:04	0.5	7:12	4:11	
23	Tue	8:37	7.7	9:13	6.7	2:10	1.1	2:58	0.4	7:12	4:12	
24	Wed	9:25	7.7	10:07	6.7	2:58	1.2	3:46	0.2	7:12	4:12	
25	Thu	10:07	7.8	10:49	6.8	3:46	1.2	4:28	0.2	7:13	4:13	
26	Fri	10:49	7.9	11:31	6.8	4:28	1.1	5:10	0.1	7:13	4:14	
27	Sat	11:25	7.9			5:04	1.1	5:46	0.1	7:13	4:14	
28	Sun	12:07	6.9	12:07	7.9	5:40	1.0	6:22	0.1	7:14	4:15	
29	Mon	12:43	6.9	12:43	7.9	6:16	1.0	6:58	0.1	7:14	4:16	
30	Tue	1:19	6.9	1:19	7.8	6:58	1.0	7:28	0.1	7:14	4:17	
31	Wed	1:55	6.9	1:55	7.7	7:34	1.0	7:58	0.2	7:14	4:18	