US HARBORS www.USHarbors.com

Atlantic Heights, NH - Apr 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:11	8.3	5:00	7.1	10:33	-0.2	10:46	0.7	6:24	7:09	
2	Thu	5:13	8.1	6:06	6.9	11:36	0.0	11:51	0.9	6:22	7:10	
3	Fri	6:21	7.9	7:15	6.9			12:44	0.2	6:20	7:11	
4	Sat	7:33	7.8	8:24	7.2	1:02	0.9	1:54	0.2	6:18	7:12	
5	Sun	8:44	7.9	9:27	7.6	2:15	0.7	2:59	0.0	6:17	7:14	
6	Mon	9:48	8.1	10:21	8.0	3:23	0.3	3:56	-0.2	6:15	7:15	
7	Tue	10:44	8.2	11:10	8.4	4:21	-0.1	4:47	-0.3	6:13	7:16	
8	Wed	11:36	8.3	11:55	8.6	5:13	-0.5	5:33	-0.3	6:12	7:17	
9	Thu			12:24	8.2	6:01	-0.7	6:16	-0.2	6:10	7:18	
10	Fri	12:38	8.7	1:09	8.1	6:46	-0.7	6:58	0.0	6:08	7:19	
11	Sat	1:19	8.6	1:53	7.8	7:29	-0.6	7:38	0.3	6:06	7:21	
12	Sun	1:58	8.4	2:35	7.5	8:11	-0.4	8:18	0.6	6:05	7:22	
13	Mon	2:37	8.2	3:17	7.2	8:53	-0.1	8:59	1.0	6:03	7:23	
14	Tue	3:19	7.8	4:03	6.8	9:37	0.3	9:43	1.3	6:01	7:24	
15	Wed	4:04	7.5	4:52	6.6	10:24	0.6	10:31	1.5	6:00	7:25	
16	Thu	4:55	7.2	5:45	6.4	11:15	0.9	11:25	1.7	5:58	7:26	
17	Fri	5:50	7.0	6:41	6.3			12:09	1.1	5:57	7:28	
18	Sat	6:47	6.9	7:36	6.4	12:21	1.8	1:04	1.2	5:55	7:29	
19	Sun	7:46	6.8	8:30	6.6	1:21	1.7	1:59	1.1	5:53	7:30	
20	Mon	8:43	6.9	9:18	7.0	2:20	1.5	2:50	1.0	5:52	7:31	
21	Tue	9:35	7.1	10:01	7.4	3:14	1.1	3:34	0.8	5:50	7:32	
22	Wed	10:21	7.4	10:40	7.9	4:01	0.7	4:16	0.6	5:49	7:33	
23	Thu	11:06	7.6	11:19	8.3	4:44	0.2	4:56	0.3	5:47	7:35	
24	Fri	11:49	7.8	11:59	8.7	5:27	-0.3	5:36	0.2	5:46	7:36	
25	Sat			12:34	7.9	6:11	-0.6	6:19	0.1	5:44	7:37	
26	Sun	12:41	8.9	1:19	7.9	6:56	-0.9	7:04	0.0	5:43	7:38	
27	Mon	1:25	9.1	2:07	7.9	7:42	-1.0	7:51	0.1	5:41	7:39	
28	Tue	2:13	9.0	2:57	7.8	8:32	-0.9	8:42	0.2	5:40	7:40	
29	Wed	3:05	8.9	3:53	7.6	9:26	-0.7	9:37	0.4	5:38	7:41	
30	Thu	4:02	8.6	4:54	7.4	10:24	-0.4	10:39	0.6	5:37	7:43	