

































Atlantic Heights, NH - Nov 2009

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|-----|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 10:02 | 8.1 | 10:32 | 7.6 | 3:39 | 0.6 | 4:11 | 0.0 | 6:18 | 4:35 |  |
| 2 | Mon | 10:40 | 8.4 | 11:14 | 7.7 | 4:18 | 0.4 | 4:51 | -0.3 | 6:19 | 4:33 |  |
| 3 | Tue | 11:19 | 8.7 | 11:57 | 7.7 | 4:58 | 0.3 | 5:34 | -0.6 | 6:20 | 4:32 |  |
| 4 | Wed | | | 12:01 | 8.8 | 5:40 | 0.3 | 6:18 | -0.7 | 6:22 | 4:31 |  |
| 5 | Thu | 12:42 | 7.7 | 12:47 | 8.9 | 6:25 | 0.3 | 7:05 | -0.6 | 6:23 | 4:30 |  |
| 6 | Fri | 1:29 | 7.6 | 1:36 | 8.8 | 7:13 | 0.4 | 7:56 | -0.5 | 6:24 | 4:28 |  |
| 7 | Sat | 2:21 | 7.5 | 2:30 | 8.6 | 8:06 | 0.5 | 8:51 | -0.3 | 6:25 | 4:27 |  |
| 8 | Sun | 3:19 | 7.4 | 3:31 | 8.3 | 9:05 | 0.6 | 9:51 | -0.1 | 6:27 | 4:26 |  |
| 9 | Mon | 4:22 | 7.3 | 4:37 | 8.1 | 10:09 | 0.7 | 10:54 | 0.0 | 6:28 | 4:25 |  |
| 10 | Tue | 5:26 | 7.4 | 5:45 | 7.9 | 11:18 | 0.7 | 11:57 | 0.1 | 6:29 | 4:24 |  |
| 11 | Wed | 6:29 | 7.7 | 6:53 | 7.8 | | | 12:27 | 0.6 | 6:31 | 4:23 |  |
| 12 | Thu | 7:30 | 8.0 | 7:58 | 7.8 | 12:59 | 0.2 | 1:35 | 0.3 | 6:32 | 4:22 |  |
| 13 | Fri | 8:26 | 8.3 | 8:57 | 7.8 | 1:58 | 0.2 | 2:35 | -0.1 | 6:33 | 4:21 |  |
| 14 | Sat | 9:17 | 8.5 | 9:51 | 7.8 | 2:52 | 0.2 | 3:29 | -0.4 | 6:34 | 4:20 |  |
| 15 | Sun | 10:04 | 8.7 | 10:41 | 7.8 | 3:41 | 0.2 | 4:19 | -0.6 | 6:36 | 4:19 |  |
| 16 | Mon | 10:49 | 8.7 | 11:28 | 7.7 | 4:27 | 0.3 | 5:05 | -0.6 | 6:37 | 4:18 |  |
| 17 | Tue | 11:32 | 8.6 | | | 5:11 | 0.4 | 5:50 | -0.5 | 6:38 | 4:17 |  |
| 18 | Wed | 12:13 | 7.5 | 12:15 | 8.4 | 5:53 | 0.6 | 6:32 | -0.3 | 6:39 | 4:16 |  |
| 19 | Thu | 12:56 | 7.3 | 12:56 | 8.2 | 6:35 | 0.8 | 7:14 | -0.1 | 6:41 | 4:15 |  |
| 20 | Fri | 1:38 | 7.1 | 1:37 | 8.0 | 7:16 | 1.0 | 7:56 | 0.2 | 6:42 | 4:15 |  |
| 21 | Sat | 2:21 | 6.9 | 2:21 | 7.7 | 7:59 | 1.2 | 8:39 | 0.5 | 6:43 | 4:14 |  |
| 22 | Sun | 3:06 | 6.8 | 3:07 | 7.4 | 8:46 | 1.4 | 9:25 | 0.7 | 6:44 | 4:13 |  |
| 23 | Mon | 3:55 | 6.7 | 3:57 | 7.1 | 9:36 | 1.6 | 10:12 | 0.9 | 6:45 | 4:13 |  |
| 24 | Tue | 4:44 | 6.7 | 4:50 | 6.9 | 10:29 | 1.6 | 10:59 | 1.0 | 6:47 | 4:12 |  |
| 25 | Wed | 5:33 | 6.7 | 5:44 | 6.8 | 11:23 | 1.6 | 11:47 | 1.1 | 6:48 | 4:11 |  |
| 26 | Thu | 6:21 | 6.9 | 6:39 | 6.7 | | | 12:18 | 1.4 | 6:49 | 4:11 |  |
| 27 | Fri | 7:09 | 7.2 | 7:33 | 6.8 | 12:36 | 1.1 | 1:13 | 1.1 | 6:50 | 4:10 |  |
| 28 | Sat | 7:55 | 7.5 | 8:26 | 6.9 | 1:25 | 1.1 | 2:05 | 0.7 | 6:51 | 4:10 |  |
| 29 | Sun | 8:39 | 7.9 | 9:14 | 7.1 | 2:12 | 0.9 | 2:53 | 0.3 | 6:52 | 4:10 |  |
| 30 | Mon | 9:23 | 8.3 | 10:01 | 7.3 | 2:58 | 0.7 | 3:39 | -0.2 | 6:54 | 4:09 |  |