US HARBORS www.USHarbors.com

Atlantic Heights, NH - May 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:01	8.8	2:43	7.7	8:18	-0.7	8:25	0.5	5:36	7:43	
2	Sun	2:47	8.5	3:31	7.3	9:05	-0.3	9:13	0.9	5:34	7:45	
3	Mon	3:34	8.1	4:22	7.0	9:54	0.1	10:03	1.2	5:33	7:46	
4	Tue	4:26	7.7	5:15	6.8	10:45	0.5	10:57	1.5	5:32	7:47	
5	Wed	5:20	7.3	6:08	6.7	11:38	0.8	11:54	1.6	5:30	7:48	
6	Thu	6:16	7.0	7:02	6.7			12:30	1.0	5:29	7:49	
7	Fri	7:13	6.9	7:54	6.8	12:53	1.6	1:23	1.1	5:28	7:50	
8	Sat	8:10	6.8	8:45	7.1	1:52	1.5	2:14	1.2	5:27	7:51	
9	Sun	9:05	6.8	9:30	7.3	2:48	1.3	3:02	1.1	5:25	7:53	
10	Mon	9:55	6.9	10:12	7.6	3:37	1.0	3:46	1.1	5:24	7:54	
11	Tue	10:40	7.0	10:50	7.9	4:21	0.6	4:25	0.9	5:23	7:55	
12	Wed	11:23	7.2	11:28	8.2	5:02	0.3	5:04	0.8	5:22	7:56	
13	Thu			12:05	7.3	5:42	0.0	5:44	0.7	5:21	7:57	
14	Fri	12:07	8.4	12:47	7.4	6:23	-0.3	6:25	0.6	5:20	7:58	
15	Sat	12:48	8.6	1:29	7.5	7:05	-0.4	7:08	0.5	5:19	7:59	
16	Sun	1:30	8.7	2:13	7.5	7:49	-0.5	7:54	0.5	5:18	8:00	
17	Mon	2:16	8.7	3:00	7.5	8:35	-0.5	8:43	0.5	5:17	8:01	
18	Tue	3:05	8.7	3:52	7.5	9:25	-0.5	9:37	0.6	5:16	8:02	
19	Wed	4:00	8.5	4:49	7.6	10:19	-0.4	10:36	0.6	5:15	8:03	
20	Thu	4:59	8.3	5:47	7.7	11:15	-0.2	11:39	0.6	5:14	8:04	
21	Fri	6:02	8.1	6:47	7.9			12:14	-0.1	5:13	8:05	
22	Sat	7:08	7.9	7:47	8.1	12:44	0.5	1:13	0.0	5:12	8:06	
23	Sun	8:14	7.7	8:45	8.4	1:51	0.3	2:13	0.1	5:11	8:07	
24	Mon	9:18	7.7	9:41	8.6	2:56	0.0	3:12	0.2	5:11	8:08	
25	Tue	10:17	7.7	10:33	8.8	3:56	-0.3	4:06	0.2	5:10	8:09	
26	Wed	11:12	7.8	11:22	8.9	4:50	-0.5	4:57	0.3	5:09	8:10	
27	Thu			12:04	7.7	5:41	-0.7	5:46	0.4	5:09	8:11	
28	Fri	12:10	8.9	12:53	7.7	6:29	-0.7	6:33	0.5	5:08	8:12	
29	Sat	12:56	8.8	1:39	7.5	7:15	-0.5	7:19	0.7	5:07	8:13	
30	Sun	1:41	8.6	2:24	7.4	7:59	-0.3	8:03	0.9	5:07	8:14	
31	Mon	2:24	8.3	3:08	7.2	8:43	-0.1	8:47	1.0	5:06	8:14	