US HARBORS www.USHarbors.com

Atlantic Heights, NH - Oct 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:46	6.7	6:00	7.7	11:33	1.2			6:40	6:24	
2	Sat	6:48	6.8	7:05	7.9	12:21	0.6	12:36	1.1	6:41	6:23	
3	Sun	7:52	7.1	8:11	8.1	1:24	0.4	1:42	0.8	6:42	6:21	
4	Mon	8:54	7.6	9:15	8.4	2:27	0.1	2:48	0.3	6:43	6:19	
5	Tue	9:50	8.2	10:14	8.7	3:25	-0.3	3:49	-0.3	6:45	6:17	
6	Wed	10:42	8.7	11:09	8.9	4:18	-0.6	4:44	-0.8	6:46	6:16	
7	Thu	11:32	9.2			5:09	-0.8	5:38	-1.2	6:47	6:14	
8	Fri	12:02	9.0	12:21	9.4	5:58	-0.8	6:30	-1.4	6:48	6:12	
9	Sat	12:55	8.9	1:10	9.5	6:47	-0.7	7:21	-1.3	6:49	6:10	
10	Sun	1:46	8.6	1:59	9.3	7:36	-0.4	8:12	-1.1	6:50	6:09	
11	Mon	2:38	8.3	2:49	9.0	8:25	0.0	9:05	-0.7	6:52	6:07	
12	Tue	3:32	7.8	3:42	8.5	9:17	0.4	10:01	-0.2	6:53	6:05	
13	Wed	4:29	7.4	4:40	8.0	10:14	0.8	11:00	0.3	6:54	6:04	
14	Thu	5:29	7.0	5:41	7.6	11:14	1.2			6:55	6:02	
15	Fri	6:29	6.8	6:43	7.4	12:02	0.6	12:17	1.4	6:56	6:00	
16	Sat	7:29	6.8	7:45	7.2	1:03	0.9	1:21	1.5	6:57	5:59	
17	Sun	8:26	6.9	8:43	7.2	2:02	0.9	2:22	1.3	6:59	5:57	
18	Mon	9:17	7.1	9:35	7.3	2:55	0.9	3:17	1.1	7:00	5:55	
19	Tue	10:02	7.3	10:21	7.3	3:41	0.9	4:03	0.8	7:01	5:54	
20	Wed	10:41	7.6	11:03	7.4	4:21	0.8	4:45	0.6	7:02	5:52	
21	Thu	11:18	7.8	11:42	7.4	4:57	0.7	5:23	0.4	7:04	5:51	
22	Fri	11:52	8.0			5:31	0.7	5:59	0.2	7:05	5:49	
23	Sat	12:20	7.4	12:26	8.1	6:04	0.7	6:34	0.1	7:06	5:48	
24	Sun	12:57	7.4	12:59	8.1	6:39	0.8	7:10	0.0	7:07	5:46	
25	Mon	1:34	7.3	1:35	8.1	7:15	0.8	7:48	0.0	7:09	5:45	
26	Tue	2:11	7.2	2:13	8.1	7:53	0.8	8:29	0.1	7:10	5:43	
27	Wed	2:52	7.1	2:55	8.1	8:35	0.9	9:15	0.1	7:11	5:42	
28	Thu	3:38	7.0	3:44	8.0	9:23	1.0	10:05	0.2	7:12	5:40	
29	Fri	4:31	7.0	4:40	7.9	10:17	1.0	11:01	0.3	7:14	5:39	
30	Sat	5:29	7.0	5:42	7.8	11:17	1.0			7:15	5:38	
31	Sun	6:30	7.2	6:47	7.8	12:00	0.3	12:22	0.9	7:16	5:36	