US HARBORS www.USHarbors.com

Atlantic Heights, NH - Nov 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:32**	7.6	**7:54**	7.9	**1:01**	0.2	**1:28**	0.6	7:17	5:35	
2	Tue	**8:32**	8.0	**8:59**	8.1	**2:02**	0.1	**2:34**	0.1	7:19	5:34	
3	Wed	**9:28**	8.5	**9:59**	8.2	**3:01**	-0.1	**3:35**	-0.4	7:20	5:32	
4	Thu	**10:21**	8.9	**10:54**	8.4	**3:55**	-0.3	**4:31**	-0.8	7:21	5:31	
5	Fri	**11:11**	9.2	**11:48**	8.4	**4:46**	-0.4	**5:24**	-1.1	7:22	5:30	
6	Sat			**12:00**	9.4	**5:36**	-0.4	**6:15**	-1.3	7:24	5:29	
7	Sun	**12:39**	8.3	**11:49 AM**	9.3	**5:25**	-0.2	**6:05**	-1.2	6:25	4:27	
8	Mon	**12:30**	8.2	**12:37**	9.1	**6:14**	0.0	**6:54**	-0.9	6:26	4:26	
9	Tue	**1:19**	7.9	**1:26**	8.8	**7:03**	0.3	**7:44**	-0.5	6:28	4:25	
10	Wed	**2:10**	7.6	**2:16**	8.3	**7:52**	0.6	**8:35**	-0.1	6:29	4:24	
11	Thu	**3:02**	7.2	**3:09**	7.9	**8:45**	1.0	**9:28**	0.3	6:30	4:23	
12	Fri	**3:57**	7.0	**4:05**	7.5	**9:41**	1.2	**10:22**	0.6	6:31	4:22	
13	Sat	**4:52**	6.9	**5:03**	7.2	**10:40**	1.4	**11:16**	0.9	6:33	4:21	
14	Sun	**5:46**	6.8	**6:00**	7.0	**11:39**	1.5			6:34	4:20	
15	Mon	**6:39**	6.9	**6:57**	6.8	**12:09**	1.1	**12:39**	1.4	6:35	4:19	
16	Tue	**7:30**	7.1	**7:53**	6.8	**1:01**	1.1	**1:36**	1.2	6:37	4:18	
17	Wed	**8:16**	7.3	**8:43**	6.9	**1:50**	1.1	**2:26**	0.9	6:38	4:17	
18	Thu	**8:59**	7.6	**9:28**	7.0	**2:34**	1.1	**3:10**	0.6	6:39	4:16	
19	Fri	**9:38**	7.8	**10:11**	7.1	**3:14**	1.0	**3:50**	0.3	6:40	4:16	
20	Sat	**10:15**	8.0	**10:51**	7.2	**3:52**	0.9	**4:29**	0.1	6:42	4:15	
21	Sun	**10:53**	8.2	**11:31**	7.2	**4:30**	0.8	**5:07**	-0.1	6:43	4:14	
22	Mon	**11:31**	8.3			**5:08**	0.8	**5:47**	-0.2	6:44	4:13	
23	Tue	**12:11**	7.3	**12:11**	8.4	**5:49**	0.7	**6:28**	-0.3	6:45	4:13	
24	Wed	**12:52**	7.3	**12:53**	8.5	**6:32**	0.6	**7:11**	-0.3	6:46	4:12	
25	Thu	**1:35**	7.3	**1:39**	8.4	**7:17**	0.6	**7:58**	-0.3	6:48	4:12	
26	Fri	**2:23**	7.3	**2:29**	8.3	**8:08**	0.6	**8:48**	-0.2	6:49	4:11	
27	Sat	**3:15**	7.4	**3:25**	8.1	**9:03**	0.6	**9:42**	-0.1	6:50	4:11	
28	Sun	**4:12**	7.5	**4:27**	7.9	**10:04**	0.6	**10:39**	0.0	6:51	4:10	
29	Mon	**5:10**	7.7	**5:31**	7.7	**11:08**	0.5	**11:37**	0.1	6:52	4:10	
30	Tue	**6:10**	7.9	**6:37**	7.6			**12:14**	0.3	6:53	4:09	