US HARBORS www.USHarbors.com

Atlantic Heights, NH - Dec 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:10	8.2	7:44	7.6	12:37	0.1	1:20	0.0	6:54	4:09	
2	Thu	8:08	8.5	8:46	7.7	1:38	0.1	2:23	-0.4	6:55	4:09	
3	Fri	9:03	8.8	9:43	7.8	2:35	0.1	3:20	-0.7	6:56	4:08	
4	Sat	9:54	9.0	10:36	7.8	3:29	0.1	4:13	-0.9	6:58	4:08	
5	Sun	10:44	9.0	11:27	7.8	4:20	0.1	5:03	-1.0	6:59	4:08	
6	Mon	11:33	9.0			5:09	0.1	5:51	-0.9	7:00	4:08	
7	Tue	12:15	7.7	12:20	8.8	5:57	0.3	6:38	-0.7	7:00	4:08	
8	Wed	1:02	7.6	1:06	8.5	6:43	0.4	7:22	-0.4	7:01	4:08	
9	Thu	1:47	7.4	1:51	8.2	7:29	0.6	8:07	-0.1	7:02	4:08	
10	Fri	2:32	7.2	2:37	7.8	8:16	0.9	8:52	0.2	7:03	4:08	
11	Sat	3:19	7.1	3:25	7.4	9:05	1.1	9:37	0.6	7:04	4:08	
12	Sun	4:07	7.0	4:17	7.1	9:57	1.3	10:24	0.8	7:05	4:08	
13	Mon	4:56	6.9	5:10	6.8	10:51	1.4	11:11	1.1	7:06	4:08	
14	Tue	5:44	7.0	6:05	6.5	11:46	1.4			7:06	4:08	
15	Wed	6:34	7.0	7:02	6.4	12:00	1.2	12:43	1.3	7:07	4:08	
16	Thu	7:24	7.2	7:58	6.4	12:50	1.3	1:39	1.1	7:08	4:09	
17	Fri	8:12	7.4	8:50	6.5	1:41	1.3	2:30	0.8	7:09	4:09	
18	Sat	8:57	7.7	9:37	6.7	2:30	1.2	3:16	0.4	7:09	4:09	
19	Sun	9:41	8.0	10:22	6.9	3:15	1.0	3:59	0.1	7:10	4:10	
20	Mon	10:24	8.3	11:05	7.1	3:58	0.8	4:42	-0.2	7:10	4:10	
21	Tue	11:07	8.5	11:49	7.3	4:42	0.6	5:25	-0.5	7:11	4:11	
22	Wed	11:52	8.7			5:27	0.3	6:09	-0.7	7:11	4:11	
23	Thu	12:33	7.5	12:38	8.8	6:14	0.2	6:53	-0.8	7:12	4:12	
24	Fri	1:18	7.7	1:25	8.8	7:02	0.0	7:40	-0.8	7:12	4:12	
25	Sat	2:05	7.9	2:16	8.6	7:54	0.0	8:29	-0.7	7:13	4:13	
26	Sun	2:56	8.0	3:11	8.3	8:49	0.0	9:21	-0.5	7:13	4:13	
27	Mon	3:50	8.1	4:11	7.9	9:49	0.1	10:16	-0.3	7:13	4:14	
28	Tue	4:48	8.1	5:15	7.6	10:52	0.1	11:13	0.0	7:13	4:15	
29	Wed	5:47	8.2	6:21	7.3	11:58	0.1			7:14	4:16	
30	Thu	6:48	8.2	7:30	7.2	12:14	0.3	1:06	0.0	7:14	4:16	
31	Fri	7:50	8.3	8:33	7.2	1:18	0.5	2:11	-0.2	7:14	4:17	