US HARBORS www.USHarbors.com

Atlantic Heights, NH - Mar 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:17	7.7	9:53	7.1	2:53	0.8	3:33	0.1	6:19	5:31	
2	Wed	10:06	7.8	10:37	7.3	3:44	0.6	4:17	0.1	6:17	5:32	
3	Thu	10:50	7.9	11:16	7.5	4:29	0.4	4:57	0.0	6:15	5:34	
4	Fri	11:29	7.9	11:52	7.6	5:09	0.3	5:32	0.0	6:14	5:35	
5	Sat			12:06	7.8	5:46	0.2	6:04	0.1	6:12	5:36	
6	Sun	12:24	7.7	12:41	7.7	6:21	0.1	6:35	0.2	6:10	5:37	
7	Mon	12:56	7.7	1:15	7.5	6:54	0.1	7:06	0.4	6:09	5:39	
8	Tue	1:27	7.7	1:49	7.3	7:29	0.2	7:39	0.6	6:07	5:40	
9	Wed	1:59	7.6	2:26	7.0	8:05	0.3	8:14	0.8	6:05	5:41	
10	Thu	2:35	7.5	3:07	6.8	8:46	0.5	8:55	1.0	6:03	5:42	
11	Fri	3:16	7.4	3:53	6.5	9:31	0.6	9:41	1.2	6:02	5:44	
12	Sat	4:04	7.3	4:46	6.4	10:22	0.8	10:33	1.3	6:00	5:45	
13	Sun	5:59	7.3	6:45	6.3			12:19	0.8	6:58	6:46	
14	Mon	6:59	7.4	7:48	6.5	12:31	1.3	1:21	0.7	6:56	6:47	
15	Tue	8:04	7.6	8:51	6.9	1:34	1.1	2:24	0.4	6:55	6:48	
16	Wed	9:08	8.0	9:48	7.5	2:39	0.7	3:23	-0.1	6:53	6:50	
17	Thu	10:06	8.4	10:40	8.1	3:40	0.1	4:16	-0.5	6:51	6:51	
18	Fri	11:01	8.8	11:29	8.7	4:36	-0.5	5:06	-1.0	6:49	6:52	
19	Sat	11:53	9.1			5:28	-1.1	5:54	-1.2	6:48	6:53	
20	Sun	12:18	9.2	12:45	9.2	6:20	-1.5	6:43	-1.3	6:46	6:54	
21	Mon	1:06	9.5	1:37	9.1	7:12	-1.7	7:31	-1.2	6:44	6:56	
22	Tue	1:54	9.5	2:28	8.8	8:03	-1.6	8:21	-0.9	6:42	6:57	
23	Wed	2:44	9.3	3:22	8.3	8:56	-1.4	9:12	-0.4	6:40	6:58	
24	Thu	3:37	9.0	4:20	7.8	9:52	-0.9	10:08	0.1	6:39	6:59	
25	Fri	4:35	8.5	5:22	7.4	10:53	-0.4	11:09	0.6	6:37	7:00	
26	Sat	5:38	8.0	6:27	7.0	11:57	0.1			6:35	7:01	
27	Sun	6:44	7.6	7:33	6.8	12:14	1.0	1:05	0.4	6:33	7:03	
28	Mon	7:51	7.4	8:38	6.8	1:24	1.2	2:12	0.6	6:32	7:04	
29	Tue	8:56	7.3	9:35	7.0	2:32	1.1	3:12	0.6	6:30	7:05	
30	Wed	9:52	7.4	10:24	7.2	3:32	0.9	4:03	0.5	6:28	7:06	
31	Thu	10:41	7.5	11:06	7.5	4:22	0.7	4:46	0.4	6:26	7:07	