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# Atlantic Heights, NH - Jan 2012

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 5:11 | 7.2 | 5:35 | 6.7 | 11:16 | 1.0 | 11:29 | 1.1 | 7:14 | 4:18 | |
| 2 | Mon | 6:02 | 7.2 | 6:32 | 6.4 | | | 12:14 | 1.1 | 7:14 | 4:19 | |
| 3 | Tue | 6:55 | 7.2 | 7:31 | 6.4 | 12:22 | 1.3 | 1:14 | 1.0 | 7:14 | 4:20 | |
| 4 | Wed | 7:48 | 7.3 | 8:27 | 6.4 | 1:18 | 1.4 | 2:09 | 0.9 | 7:14 | 4:21 | |
| 5 | Thu | 8:38 | 7.4 | 9:17 | 6.6 | 2:10 | 1.3 | 2:59 | 0.6 | 7:14 | 4:22 | |
| 6 | Fri | 9:24 | 7.7 | 10:02 | 6.7 | 2:57 | 1.2 | 3:42 | 0.3 | 7:14 | 4:22 | |
| 7 | Sat | 10:06 | 7.9 | 10:44 | 7.0 | 3:40 | 1.0 | 4:22 | 0.1 | 7:14 | 4:24 | |
| 8 | Sun | 10:46 | 8.1 | 11:23 | 7.2 | 4:21 | 0.7 | 5:01 | -0.2 | 7:14 | 4:25 | |
| 9 | Mon | 11:26 | 8.3 | | | 5:01 | 0.5 | 5:38 | -0.4 | 7:13 | 4:26 | |
| 10 | Tue | 12:02 | 7.4 | 12:05 | 8.5 | 5:41 | 0.3 | 6:16 | -0.6 | 7:13 | 4:27 | |
| 11 | Wed | 12:39 | 7.6 | 12:45 | 8.5 | 6:23 | 0.1 | 6:55 | -0.7 | 7:13 | 4:28 | |
| 12 | Thu | 1:18 | 7.8 | 1:27 | 8.5 | 7:06 | 0.0 | 7:36 | -0.7 | 7:13 | 4:29 | |
| 13 | Fri | 1:59 | 8.0 | 2:12 | 8.3 | 7:52 | -0.1 | 8:20 | -0.6 | 7:12 | 4:30 | |
| 14 | Sat | 2:44 | 8.1 | 3:02 | 8.1 | 8:43 | -0.1 | 9:07 | -0.4 | 7:12 | 4:31 | |
| 15 | Sun | 3:34 | 8.2 | 3:58 | 7.8 | 9:38 | -0.1 | 10:00 | -0.2 | 7:11 | 4:32 | |
| 16 | Mon | 4:28 | 8.2 | 4:59 | 7.4 | 10:37 | 0.0 | 10:56 | 0.1 | 7:11 | 4:34 | |
| 17 | Tue | 5:27 | 8.2 | 6:05 | 7.2 | 11:41 | 0.0 | 11:57 | 0.3 | 7:10 | 4:35 | |
| 18 | Wed | 6:30 | 8.2 | 7:15 | 7.1 | | | 12:50 | -0.1 | 7:10 | 4:36 | |
| 19 | Thu | 7:36 | 8.3 | 8:23 | 7.2 | 1:03 | 0.4 | 1:59 | -0.2 | 7:09 | 4:37 | |
| 20 | Fri | 8:40 | 8.5 | 9:25 | 7.4 | 2:10 | 0.3 | 3:01 | -0.5 | 7:08 | 4:38 | |
| 21 | Sat | 9:39 | 8.7 | 10:21 | 7.6 | 3:11 | 0.1 | 3:57 | -0.7 | 7:08 | 4:40 | |
| 22 | Sun | 10:33 | 8.8 | 11:12 | 7.8 | 4:06 | 0.0 | 4:49 | -0.9 | 7:07 | 4:41 | |
| 23 | Mon | 11:23 | 8.9 | | | 4:58 | -0.2 | 5:37 | -0.9 | 7:06 | 4:42 | |
| 24 | Tue | 12:00 | 7.9 | 12:11 | 8.8 | 5:47 | -0.2 | 6:21 | -0.8 | 7:06 | 4:44 | |
| 25 | Wed | 12:44 | 8.0 | 12:56 | 8.5 | 6:33 | -0.2 | 7:03 | -0.6 | 7:05 | 4:45 | |
| 26 | Thu | 1:26 | 7.9 | 1:39 | 8.2 | 7:18 | -0.1 | 7:43 | -0.3 | 7:04 | 4:46 | |
| 27 | Fri | 2:07 | 7.8 | 2:22 | 7.8 | 8:02 | 0.2 | 8:24 | 0.0 | 7:03 | 4:48 | |
| 28 | Sat | 2:49 | 7.6 | 3:07 | 7.3 | 8:47 | 0.4 | 9:05 | 0.4 | 7:02 | 4:49 | |
| 29 | Sun | 3:33 | 7.4 | 3:55 | 6.9 | 9:35 | 0.7 | 9:49 | 0.8 | 7:01 | 4:50 | |
| 30 | Mon | 4:19 | 7.2 | 4:47 | 6.5 | 10:26 | 0.9 | 10:36 | 1.1 | 7:00 | 4:51 | |
| 31 | Tue | 5:08 | 7.1 | 5:42 | 6.3 | 11:20 | 1.1 | 11:27 | 1.4 | 6:59 | 4:53 | |