

































## Atlantic Heights, NH - Jan 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:31	7.1	4:46	6.9	10:26	1.1	10:48	0.8	7:14	4:18	
2	Sat	5:21	7.0	5:41	6.7	11:21	1.2	11:38	1.0	7:14	4:19	
3	Sun	6:12	7.0	6:38	6.5			12:18	1.2	7:14	4:20	
4	Mon	7:04	7.1	7:36	6.5	12:31	1.2	1:17	1.1	7:14	4:21	
5	Tue	7:55	7.3	8:30	6.6	1:24	1.2	2:11	0.8	7:14	4:22	
6	Wed	8:43	7.5	9:19	6.8	2:15	1.1	2:59	0.5	7:14	4:23	
7	Thu	9:27	7.8	10:03	7.0	3:00	0.9	3:42	0.2	7:14	4:24	
8	Fri	10:09	8.1	10:46	7.2	3:43	0.7	4:23	-0.1	7:14	4:25	
9	Sat	10:50	8.4	11:27	7.5	4:25	0.4	5:03	-0.5	7:13	4:26	
10	Sun	11:32	8.6			5:08	0.2	5:44	-0.7	7:13	4:27	
11	Mon	12:09	7.7	12:15	8.8	5:51	0.0	6:26	-0.9	7:13	4:28	
12	Tue	12:51	7.9	12:59	8.9	6:36	-0.2	7:10	-1.0	7:13	4:29	
13	Wed	1:34	8.0	1:45	8.8	7:24	-0.3	7:55	-1.0	7:12	4:30	
14	Thu	2:21	8.1	2:35	8.6	8:14	-0.3	8:44	-0.8	7:12	4:31	
15	Fri	3:11	8.2	3:30	8.3	9:09	-0.2	9:37	-0.6	7:11	4:32	
16	Sat	4:07	8.2	4:31	7.9	10:08	-0.1	10:33	-0.3	7:11	4:34	
17	Sun	5:05	8.2	5:35	7.6	11:11	-0.1	11:33	0.0	7:10	4:35	
18	Mon	6:06	8.2	6:43	7.4			12:18	0.0	7:10	4:36	
19	Tue	7:11	8.2	7:51	7.3	12:36	0.2	1:27	-0.2	7:09	4:37	
20	Wed	8:14	8.3	8:55	7.4	1:42	0.2	2:32	-0.4	7:08	4:39	
21	Thu	9:12	8.5	9:52	7.6	2:44	0.2	3:30	-0.6	7:08	4:40	
22	Fri	10:06	8.6	10:44	7.7	3:39	0.1	4:22	-0.7	7:07	4:41	
23	Sat	10:56	8.7	11:32	7.8	4:31	0.0	5:10	-0.8	7:06	4:42	
24	Sun	11:43	8.7			5:19	0.0	5:55	-0.8	7:05	4:44	
25	Mon	12:17	7.8	12:26	8.5	6:03	0.0	6:36	-0.6	7:05	4:45	
26	Tue	12:59	7.7	1:08	8.3	6:46	0.1	7:16	-0.4	7:04	4:46	
27	Wed	1:39	7.6	1:48	8.0	7:28	0.2	7:54	-0.1	7:03	4:48	
28	Thu	2:18	7.5	2:30	7.6	8:09	0.4	8:33	0.2	7:02	4:49	
29	Fri	2:59	7.4	3:13	7.3	8:53	0.7	9:14	0.5	7:01	4:50	
30	Sat	3:42	7.2	4:01	6.9	9:40	0.9	9:58	0.8	7:00	4:52	
31	Sun	4:27	7.1	4:51	6.6	10:30	1.0	10:44	1.0	6:59	4:53	