

































Atlantic Heights, NH - Jan 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:55	8.1	8:30	7.3	1:24	0.3	2:10	0.0	7:14	4:18	
2	Wed	8:49	8.2	9:26	7.3	2:22	0.4	3:06	-0.1	7:14	4:19	
3	Thu	9:39	8.2	10:17	7.3	3:14	0.5	3:56	-0.3	7:14	4:20	
4	Fri	10:24	8.3	11:03	7.3	4:01	0.5	4:42	-0.3	7:14	4:21	
5	Sat	11:07	8.2	11:45	7.2	4:45	0.6	5:24	-0.3	7:14	4:22	
6	Sun	11:47	8.2			5:26	0.6	6:03	-0.2	7:14	4:23	
7	Mon	12:25	7.2	12:25	8.1	6:04	0.7	6:40	-0.1	7:14	4:24	
8	Tue	1:02	7.1	1:02	8.0	6:41	0.8	7:15	0.0	7:14	4:25	
9	Wed	1:39	7.1	1:39	7.8	7:19	0.8	7:50	0.1	7:13	4:26	
10	Thu	2:16	7.0	2:17	7.6	7:57	0.9	8:27	0.3	7:13	4:27	
11	Fri	2:54	6.9	2:58	7.3	8:39	1.0	9:07	0.5	7:13	4:28	
12	Sat	3:35	6.9	3:43	7.1	9:24	1.1	9:49	0.6	7:12	4:29	
13	Sun	4:18	6.9	4:32	6.9	10:13	1.1	10:34	0.8	7:12	4:30	
14	Mon	5:04	7.0	5:24	6.7	11:05	1.1	11:22	0.9	7:12	4:32	
15	Tue	5:53	7.2	6:21	6.6			12:01	0.9	7:11	4:33	
16	Wed	6:46	7.4	7:22	6.7	12:15	0.9	1:00	0.6	7:11	4:34	
17	Thu	7:41	7.8	8:22	6.9	1:11	0.8	2:00	0.2	7:10	4:35	
18	Fri	8:37	8.2	9:19	7.2	2:09	0.6	2:56	-0.3	7:10	4:36	
19	Sat	9:30	8.7	10:12	7.6	3:04	0.2	3:49	-0.8	7:09	4:38	
20	Sun	10:23	9.1	11:05	8.0	3:57	-0.2	4:41	-1.2	7:08	4:39	
21	Mon	11:16	9.4	11:57	8.2	4:50	-0.5	5:33	-1.5	7:08	4:40	
22	Tue			12:09	9.6	5:43	-0.7	6:24	-1.6	7:07	4:41	
23	Wed	12:48	8.4	1:02	9.5	6:37	-0.8	7:15	-1.6	7:06	4:43	
24	Thu	1:40	8.5	1:56	9.2	7:31	-0.8	8:06	-1.4	7:05	4:44	
25	Fri	2:33	8.5	2:52	8.8	8:27	-0.6	9:00	-1.0	7:04	4:45	
26	Sat	3:29	8.4	3:52	8.3	9:27	-0.4	9:56	-0.5	7:04	4:47	
27	Sun	4:26	8.2	4:54	7.7	10:29	-0.1	10:54	0.0	7:03	4:48	
28	Mon	5:25	8.0	5:59	7.3	11:35	0.1	11:54	0.4	7:02	4:49	
29	Tue	6:26	7.8	7:05	7.0			12:42	0.3	7:01	4:51	
30	Wed	7:27	7.7	8:10	6.9	12:57	0.7	1:48	0.3	7:00	4:52	
31	Thu	8:26	7.7	9:07	6.9	1:59	0.9	2:47	0.2	6:59	4:53	