
































## Atlantic Heights, NH - Nov 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:20	7.9	3:29	8.5	9:06	0.4	9:46	-0.3	7:17	5:35	
2	Sat	4:15	7.5	4:23	8.1	10:00	0.8	10:43	0.1	7:18	5:34	
3	Sun	4:13	7.1	4:22	7.6	9:58	1.2	10:42	0.5	6:20	4:33	
4	Mon	5:12	6.9	5:23	7.3	10:59	1.4	11:42	0.8	6:21	4:31	
5	Tue	6:11	6.8	6:23	7.2			12:01	1.5	6:22	4:30	
6	Wed	7:08	6.9	7:22	7.1	12:40	0.9	1:03	1.4	6:24	4:29	
7	Thu	8:00	7.1	8:16	7.2	1:35	0.9	1:59	1.2	6:25	4:28	
8	Fri	8:46	7.3	9:04	7.3	2:23	0.8	2:48	0.9	6:26	4:26	
9	Sat	9:27	7.6	9:48	7.4	3:05	0.7	3:30	0.6	6:27	4:25	
10	Sun	10:05	7.8	10:28	7.5	3:43	0.6	4:09	0.4	6:29	4:24	
11	Mon	10:40	8.0	11:07	7.5	4:17	0.6	4:46	0.1	6:30	4:23	
12	Tue	11:14	8.2	11:44	7.5	4:52	0.6	5:22	0.0	6:31	4:22	
13	Wed	11:48	8.3			5:27	0.6	5:58	-0.2	6:33	4:21	
14	Thu	12:22	7.5	12:24	8.3	6:04	0.6	6:37	-0.2	6:34	4:20	
15	Fri	1:00	7.4	1:02	8.3	6:43	0.6	7:18	-0.2	6:35	4:19	
16	Sat	1:42	7.3	1:45	8.3	7:25	0.7	8:03	-0.2	6:36	4:18	
17	Sun	2:27	7.2	2:33	8.2	8:13	0.8	8:53	-0.1	6:38	4:17	
18	Mon	3:20	7.2	3:28	8.1	9:06	0.9	9:49	0.0	6:39	4:17	
19	Tue	4:18	7.2	4:29	7.9	10:06	0.9	10:48	0.1	6:40	4:16	
20	Wed	5:19	7.3	5:34	7.9	11:10	0.8	11:49	0.1	6:41	4:15	
21	Thu	6:21	7.6	6:42	7.9			12:17	0.6	6:43	4:14	
22	Fri	7:23	8.0	7:48	8.0	12:51	0.0	1:24	0.2	6:44	4:14	
23	Sat	8:21	8.4	8:50	8.2	1:52	-0.2	2:27	-0.3	6:45	4:13	
24	Sun	9:14	8.8	9:46	8.3	2:48	-0.3	3:23	-0.7	6:46	4:12	
25	Mon	10:05	9.1	10:40	8.4	3:39	-0.4	4:16	-1.0	6:47	4:12	
26	Tue	10:53	9.3	11:31	8.3	4:29	-0.4	5:07	-1.2	6:49	4:11	
27	Wed	11:41	9.2			5:18	-0.3	5:56	-1.2	6:50	4:11	
28	Thu	12:21	8.2	12:28	9.0	6:06	-0.1	6:44	-1.0	6:51	4:10	
29	Fri	1:10	7.9	1:15	8.7	6:53	0.2	7:32	-0.6	6:52	4:10	
30	Sat	1:58	7.6	2:02	8.4	7:40	0.6	8:20	-0.3	6:53	4:09	