

































Atlantic Heights, NH - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:50	6.9	3:56	7.1	9:36	1.3	10:06	0.7	7:14	4:18	
2	Thu	4:37	6.8	4:48	6.8	10:29	1.4	10:52	1.0	7:14	4:19	
3	Fri	5:26	6.8	5:43	6.5	11:23	1.4	11:40	1.1	7:14	4:20	
4	Sat	6:15	6.9	6:39	6.4			12:20	1.3	7:14	4:21	
5	Sun	7:05	7.0	7:37	6.4	12:31	1.3	1:17	1.1	7:14	4:22	
6	Mon	7:55	7.3	8:31	6.5	1:23	1.3	2:11	0.8	7:14	4:23	
7	Tue	8:42	7.6	9:21	6.7	2:13	1.1	2:59	0.4	7:14	4:24	
8	Wed	9:27	7.9	10:07	6.9	3:00	0.9	3:44	0.0	7:14	4:25	
9	Thu	10:11	8.3	10:52	7.2	3:45	0.7	4:28	-0.3	7:13	4:26	
10	Fri	10:55	8.6	11:37	7.5	4:30	0.4	5:13	-0.7	7:13	4:27	
11	Sat	11:41	8.9			5:16	0.1	5:58	-0.9	7:13	4:28	
12	Sun	12:22	7.7	12:28	9.0	6:04	-0.1	6:44	-1.1	7:13	4:29	
13	Mon	1:08	7.9	1:16	9.0	6:52	-0.2	7:31	-1.1	7:12	4:30	
14	Tue	1:55	8.0	2:07	8.9	7:44	-0.3	8:20	-1.0	7:12	4:31	
15	Wed	2:46	8.1	3:01	8.6	8:38	-0.2	9:12	-0.8	7:11	4:32	
16	Thu	3:41	8.1	4:01	8.2	9:37	-0.1	10:07	-0.5	7:11	4:34	
17	Fri	4:38	8.1	5:04	7.8	10:40	0.0	11:05	-0.1	7:10	4:35	
18	Sat	5:37	8.1	6:10	7.4	11:45	0.0			7:10	4:36	
19	Sun	6:39	8.1	7:18	7.2	12:05	0.2	12:54	0.0	7:09	4:37	
20	Mon	7:41	8.1	8:24	7.1	1:09	0.4	2:01	-0.1	7:08	4:39	
21	Tue	8:40	8.2	9:24	7.2	2:12	0.5	3:01	-0.3	7:08	4:40	
22	Wed	9:35	8.3	10:17	7.3	3:09	0.5	3:55	-0.4	7:07	4:41	
23	Thu	10:25	8.4	11:06	7.3	4:01	0.4	4:44	-0.5	7:06	4:42	
24	Fri	11:12	8.4	11:51	7.4	4:49	0.4	5:29	-0.5	7:05	4:44	
25	Sat	11:56	8.3			5:33	0.4	6:11	-0.4	7:05	4:45	
26	Sun	12:32	7.3	12:37	8.2	6:15	0.4	6:49	-0.3	7:04	4:46	
27	Mon	1:11	7.3	1:15	8.0	6:54	0.5	7:26	-0.1	7:03	4:48	
28	Tue	1:48	7.2	1:54	7.7	7:34	0.6	8:02	0.1	7:02	4:49	
29	Wed	2:26	7.2	2:34	7.4	8:14	0.8	8:39	0.4	7:01	4:50	
30	Thu	3:05	7.1	3:16	7.1	8:57	0.9	9:18	0.6	7:00	4:52	
31	Fri	3:46	7.0	4:02	6.8	9:43	1.0	10:00	0.9	6:59	4:53	