

































## Atlantic Heights, NH - Jul 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:43	8.0	2:26	6.9	8:01	0.3	7:59	1.3	5:07	8:26	
2	Sat	2:20	7.9	3:02	6.9	8:37	0.3	8:37	1.3	5:08	8:26	
3	Sun	2:58	7.8	3:40	7.0	9:13	0.3	9:18	1.3	5:08	8:26	
4	Mon	3:37	7.7	4:19	7.1	9:51	0.4	10:03	1.3	5:09	8:25	
5	Tue	4:21	7.5	5:01	7.2	10:32	0.4	10:51	1.2	5:09	8:25	
6	Wed	5:08	7.4	5:44	7.4	11:15	0.5	11:42	1.0	5:10	8:25	
7	Thu	5:58	7.3	6:30	7.7			12:01	0.5	5:11	8:24	
8	Fri	6:53	7.2	7:21	8.0	12:36	0.8	12:51	0.6	5:11	8:24	
9	Sat	7:53	7.1	8:15	8.3	1:34	0.5	1:46	0.6	5:12	8:24	
10	Sun	8:55	7.2	9:12	8.7	2:35	0.2	2:44	0.5	5:13	8:23	
11	Mon	9:56	7.4	10:09	9.0	3:35	-0.3	3:42	0.4	5:14	8:23	
12	Tue	10:55	7.6	11:06	9.3	4:33	-0.6	4:39	0.2	5:14	8:22	
13	Wed	11:53	7.8			5:29	-1.0	5:36	0.0	5:15	8:21	
14	Thu	12:03	9.5	12:50	8.0	6:25	-1.2	6:33	-0.2	5:16	8:21	
15	Fri	1:00	9.6	1:45	8.1	7:20	-1.2	7:29	-0.2	5:17	8:20	
16	Sat	1:56	9.5	2:39	8.2	8:13	-1.2	8:25	-0.1	5:18	8:20	
17	Sun	2:51	9.2	3:33	8.2	9:06	-0.9	9:23	0.0	5:19	8:19	
18	Mon	3:47	8.8	4:28	8.1	9:59	-0.6	10:22	0.2	5:20	8:18	
19	Tue	4:45	8.2	5:23	8.1	10:52	-0.2	11:23	0.4	5:21	8:17	
20	Wed	5:44	7.7	6:17	7.9	11:46	0.3			5:21	8:16	
21	Thu	6:44	7.3	7:12	7.8	12:24	0.6	12:40	0.7	5:22	8:16	
22	Fri	7:45	6.9	8:07	7.7	1:26	0.7	1:36	1.1	5:23	8:15	
23	Sat	8:46	6.7	9:01	7.7	2:28	0.7	2:33	1.3	5:24	8:14	
24	Sun	9:43	6.6	9:53	7.7	3:26	0.7	3:27	1.4	5:25	8:13	
25	Mon	10:35	6.6	10:40	7.8	4:17	0.6	4:16	1.4	5:26	8:12	
26	Tue	11:21	6.7	11:24	7.8	5:03	0.5	5:01	1.3	5:27	8:11	
27	Wed			12:05	6.8	5:46	0.4	5:42	1.3	5:28	8:10	
28	Thu	12:05	7.9	12:45	6.9	6:25	0.3	6:21	1.2	5:29	8:09	
29	Fri	12:44	8.0	1:22	7.0	7:01	0.2	6:58	1.1	5:30	8:08	
30	Sat	1:21	8.0	1:58	7.1	7:35	0.2	7:35	1.0	5:31	8:07	
31	Sun	1:57	8.0	2:32	7.2	8:08	0.2	8:12	0.9	5:32	8:06	