

































## Atlantic Heights, NH - Dec 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:43	7.5	6:01	7.8	11:36	0.7			6:54	4:09	
2	Fri	6:46	7.7	7:09	7.6	12:12	0.1	12:46	0.6	6:56	4:09	
3	Sat	7:45	7.9	8:13	7.5	1:14	0.3	1:52	0.4	6:57	4:08	
4	Sun	8:39	8.1	9:10	7.5	2:11	0.4	2:50	0.1	6:58	4:08	
5	Mon	9:27	8.2	10:01	7.4	3:02	0.4	3:41	-0.2	6:59	4:08	
6	Tue	10:11	8.3	10:48	7.4	3:49	0.5	4:27	-0.3	7:00	4:08	
7	Wed	10:53	8.3	11:32	7.3	4:32	0.7	5:11	-0.3	7:01	4:08	
8	Thu	11:33	8.2			5:12	0.8	5:51	-0.2	7:01	4:08	
9	Fri	12:14	7.2	12:12	8.1	5:51	0.9	6:30	-0.1	7:02	4:08	
10	Sat	12:53	7.0	12:50	8.0	6:29	1.0	7:08	0.1	7:03	4:08	
11	Sun	1:32	6.9	1:28	7.8	7:08	1.2	7:47	0.3	7:04	4:08	
12	Mon	2:12	6.8	2:08	7.6	7:48	1.3	8:27	0.5	7:05	4:08	
13	Tue	2:54	6.6	2:51	7.4	8:31	1.4	9:09	0.6	7:06	4:08	
14	Wed	3:38	6.6	3:38	7.2	9:17	1.5	9:53	0.7	7:06	4:08	
15	Thu	4:24	6.6	4:28	7.0	10:08	1.5	10:39	0.8	7:07	4:08	
16	Fri	5:11	6.8	5:20	6.9	11:00	1.5	11:25	0.9	7:08	4:09	
17	Sat	5:58	7.0	6:15	6.8	11:55	1.3			7:09	4:09	
18	Sun	6:46	7.3	7:12	6.9	12:14	0.9	12:51	0.9	7:09	4:09	
19	Mon	7:36	7.7	8:08	7.0	1:06	0.8	1:47	0.5	7:10	4:10	
20	Tue	8:25	8.1	9:02	7.2	1:57	0.6	2:41	0.0	7:10	4:10	
21	Wed	9:13	8.6	9:54	7.5	2:48	0.4	3:32	-0.5	7:11	4:11	
22	Thu	10:02	9.0	10:45	7.7	3:38	0.1	4:22	-1.0	7:11	4:11	
23	Fri	10:53	9.3	11:37	7.9	4:28	-0.1	5:13	-1.2	7:12	4:12	
24	Sat	11:45	9.4			5:20	-0.2	6:05	-1.4	7:12	4:12	
25	Sun	12:30	8.0	12:38	9.4	6:13	-0.3	6:58	-1.3	7:13	4:13	
26	Mon	1:23	8.0	1:33	9.2	7:08	-0.3	7:51	-1.2	7:13	4:13	
27	Tue	2:18	7.9	2:30	8.9	8:05	-0.1	8:47	-0.9	7:13	4:14	
28	Wed	3:16	7.9	3:31	8.4	9:06	0.1	9:45	-0.5	7:13	4:15	
29	Thu	4:17	7.8	4:35	7.9	10:10	0.3	10:44	-0.1	7:14	4:16	
30	Fri	5:17	7.8	5:40	7.5	11:17	0.4	11:43	0.2	7:14	4:16	
31	Sat	6:17	7.8	6:46	7.2			12:25	0.5	7:14	4:17	