

































## Atlantic Heights, NH - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:28	7.0	9:58	7.2	3:10	1.4	3:33	0.9	5:36	7:43	
2	Tue	10:15	7.2	10:37	7.6	3:57	1.0	4:12	0.8	5:35	7:44	
3	Wed	10:58	7.3	11:13	7.9	4:39	0.6	4:49	0.6	5:33	7:46	
4	Thu	11:40	7.5	11:48	8.2	5:18	0.2	5:26	0.5	5:32	7:47	
5	Fri			12:21	7.5	5:58	-0.1	6:04	0.5	5:31	7:48	
6	Sat	12:25	8.5	1:02	7.6	6:38	-0.4	6:44	0.4	5:29	7:49	
7	Sun	1:04	8.6	1:45	7.6	7:20	-0.6	7:26	0.5	5:28	7:50	
8	Mon	1:46	8.7	2:30	7.5	8:05	-0.6	8:12	0.5	5:27	7:51	
9	Tue	2:32	8.7	3:19	7.4	8:54	-0.5	9:02	0.7	5:26	7:52	
10	Wed	3:23	8.6	4:15	7.3	9:47	-0.3	9:58	0.8	5:24	7:53	
11	Thu	4:21	8.3	5:17	7.2	10:45	-0.2	11:00	0.9	5:23	7:55	
12	Fri	5:25	8.1	6:21	7.2	11:47	0.0			5:22	7:56	
13	Sat	6:33	7.9	7:25	7.4	12:07	0.9	12:51	0.1	5:21	7:57	
14	Sun	7:42	7.8	8:27	7.8	1:17	0.8	1:54	0.1	5:20	7:58	
15	Mon	8:49	7.8	9:24	8.1	2:26	0.5	2:54	0.1	5:19	7:59	
16	Tue	9:50	7.9	10:16	8.5	3:29	0.1	3:49	0.1	5:18	8:00	
17	Wed	10:46	7.9	11:03	8.7	4:25	-0.2	4:38	0.1	5:17	8:01	
18	Thu	11:38	7.9	11:49	8.8	5:16	-0.5	5:25	0.2	5:16	8:02	
19	Fri			12:27	7.8	6:04	-0.6	6:10	0.4	5:15	8:03	
20	Sat	12:32	8.8	1:13	7.7	6:50	-0.6	6:54	0.6	5:14	8:04	
21	Sun	1:15	8.6	1:58	7.5	7:33	-0.5	7:36	0.8	5:13	8:05	
22	Mon	1:57	8.4	2:41	7.2	8:16	-0.2	8:18	1.1	5:12	8:06	
23	Tue	2:39	8.1	3:26	7.0	8:59	0.1	9:02	1.3	5:12	8:07	
24	Wed	3:23	7.8	4:12	6.8	9:44	0.4	9:49	1.5	5:11	8:08	
25	Thu	4:10	7.5	5:01	6.7	10:31	0.7	10:39	1.7	5:10	8:09	
26	Fri	5:01	7.3	5:51	6.6	11:20	0.9	11:32	1.8	5:09	8:10	
27	Sat	5:53	7.0	6:41	6.7			12:08	1.0	5:09	8:11	
28	Sun	6:47	6.9	7:30	6.8	12:27	1.8	12:56	1.1	5:08	8:12	
29	Mon	7:42	6.8	8:18	7.1	1:23	1.6	1:45	1.1	5:07	8:13	
30	Tue	8:37	6.8	9:04	7.4	2:19	1.4	2:33	1.1	5:07	8:13	
31	Wed	9:29	6.9	9:46	7.8	3:10	1.0	3:18	1.0	5:06	8:14	