

































Atlantic Heights, NH - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:30	7.0	10:37	8.6	4:09	0.1	4:11	0.8	5:07	8:26	
2	Sun	11:23	7.2	11:28	8.9	5:00	-0.3	5:02	0.6	5:07	8:26	
3	Mon			12:15	7.5	5:52	-0.6	5:55	0.3	5:08	8:26	
4	Tue	12:21	9.2	1:08	7.7	6:43	-0.9	6:49	0.1	5:09	8:25	
5	Wed	1:15	9.3	2:01	7.9	7:35	-1.0	7:43	0.0	5:09	8:25	
6	Thu	2:09	9.3	2:54	8.0	8:27	-1.0	8:39	0.0	5:10	8:25	
7	Fri	3:04	9.1	3:49	8.1	9:20	-0.9	9:37	0.1	5:11	8:24	
8	Sat	4:01	8.8	4:45	8.2	10:14	-0.7	10:39	0.1	5:11	8:24	
9	Sun	5:02	8.4	5:42	8.3	11:10	-0.4	11:42	0.2	5:12	8:24	
10	Mon	6:04	7.9	6:39	8.2			12:06	0.0	5:13	8:23	
11	Tue	7:07	7.5	7:36	8.2	12:46	0.3	1:03	0.4	5:14	8:23	
12	Wed	8:12	7.2	8:34	8.2	1:51	0.3	2:02	0.7	5:14	8:22	
13	Thu	9:15	7.0	9:30	8.2	2:55	0.3	3:01	1.0	5:15	8:22	
14	Fri	10:13	7.0	10:22	8.1	3:53	0.2	3:56	1.1	5:16	8:21	
15	Sat	11:06	6.9	11:11	8.1	4:46	0.1	4:46	1.1	5:17	8:20	
16	Sun	11:54	7.0	11:56	8.1	5:34	0.1	5:32	1.1	5:18	8:20	
17	Mon			12:38	7.0	6:18	0.1	6:15	1.1	5:19	8:19	
18	Tue	12:39	8.1	1:19	7.0	6:58	0.1	6:56	1.1	5:19	8:18	
19	Wed	1:18	8.1	1:57	7.0	7:36	0.2	7:34	1.1	5:20	8:17	
20	Thu	1:56	8.0	2:34	7.1	8:11	0.2	8:12	1.1	5:21	8:17	
21	Fri	2:33	7.9	3:09	7.1	8:45	0.3	8:51	1.2	5:22	8:16	
22	Sat	3:10	7.7	3:46	7.1	9:20	0.4	9:31	1.2	5:23	8:15	
23	Sun	3:49	7.4	4:23	7.2	9:56	0.6	10:14	1.2	5:24	8:14	
24	Mon	4:32	7.2	5:02	7.3	10:34	0.7	11:01	1.2	5:25	8:13	
25	Tue	5:18	7.0	5:44	7.4	11:16	0.9	11:50	1.1	5:26	8:12	
26	Wed	6:07	6.8	6:30	7.5			12:01	1.0	5:27	8:11	
27	Thu	7:01	6.6	7:21	7.7	12:43	1.0	12:51	1.1	5:28	8:10	
28	Fri	8:01	6.6	8:17	7.9	1:40	0.8	1:47	1.1	5:29	8:09	
29	Sat	9:03	6.7	9:16	8.3	2:42	0.5	2:46	1.0	5:30	8:08	
30	Sun	10:03	6.9	10:13	8.7	3:41	0.1	3:45	0.7	5:31	8:07	
31	Mon	11:00	7.3	11:10	9.0	4:38	-0.3	4:42	0.4	5:32	8:06	