
































Atlantic Heights, NH - Jun 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:18	8.3	5:08	7.4	10:38	-0.1	10:54	1.0	5:06	8:15	
2	Mon	5:18	7.8	6:05	7.3	11:34	0.3	11:56	1.2	5:05	8:16	
3	Tue	6:17	7.4	7:00	7.3			12:29	0.6	5:05	8:17	
4	Wed	7:17	7.1	7:53	7.3	12:59	1.3	1:23	0.9	5:04	8:18	
5	Thu	8:16	6.9	8:44	7.4	2:00	1.2	2:15	1.1	5:04	8:18	
6	Fri	9:12	6.7	9:31	7.6	2:57	1.1	3:05	1.3	5:04	8:19	
7	Sat	10:04	6.7	10:14	7.7	3:48	0.9	3:50	1.3	5:03	8:20	
8	Sun	10:51	6.7	10:55	7.8	4:34	0.7	4:32	1.4	5:03	8:20	
9	Mon	11:35	6.8	11:34	7.9	5:15	0.5	5:11	1.4	5:03	8:21	
10	Tue			12:17	6.8	5:55	0.4	5:50	1.4	5:03	8:22	
11	Wed	12:12	7.9	12:57	6.8	6:33	0.3	6:28	1.3	5:03	8:22	
12	Thu	12:51	8.0	1:36	6.8	7:10	0.2	7:06	1.3	5:02	8:23	
13	Fri	1:28	8.1	2:14	6.9	7:48	0.2	7:45	1.3	5:02	8:23	
14	Sat	2:07	8.1	2:52	6.9	8:26	0.1	8:27	1.2	5:02	8:24	
15	Sun	2:48	8.1	3:33	7.0	9:07	0.1	9:12	1.1	5:02	8:24	
16	Mon	3:32	8.0	4:18	7.2	9:50	0.1	10:02	1.0	5:02	8:24	
17	Tue	4:21	7.9	5:05	7.4	10:36	0.1	10:56	0.9	5:03	8:25	
18	Wed	5:14	7.8	5:55	7.7	11:25	0.1	11:53	0.7	5:03	8:25	
19	Thu	6:11	7.7	6:47	8.0			12:16	0.2	5:03	8:25	
20	Fri	7:11	7.5	7:42	8.4	12:53	0.4	1:10	0.3	5:03	8:25	
21	Sat	8:15	7.5	8:39	8.6	1:55	0.2	2:08	0.3	5:03	8:26	
22	Sun	9:19	7.5	9:36	8.9	2:58	-0.2	3:07	0.3	5:03	8:26	
23	Mon	10:21	7.6	10:32	9.1	3:59	-0.5	4:05	0.3	5:04	8:26	
24	Tue	11:19	7.7	11:28	9.3	4:56	-0.8	5:01	0.2	5:04	8:26	
25	Wed			12:16	7.7	5:52	-0.9	5:56	0.2	5:04	8:26	
26	Thu	12:23	9.3	1:11	7.8	6:46	-1.0	6:51	0.3	5:05	8:26	
27	Fri	1:17	9.2	2:03	7.8	7:38	-0.9	7:44	0.4	5:05	8:26	
28	Sat	2:10	8.9	2:54	7.7	8:29	-0.6	8:37	0.5	5:06	8:26	
29	Sun	3:01	8.6	3:45	7.6	9:18	-0.3	9:31	0.7	5:06	8:26	
30	Mon	3:53	8.2	4:36	7.5	10:07	0.0	10:26	0.9	5:07	8:26	