






























Atlantic Heights, NH - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:52	6.7	6:12	7.3	11:41	1.3			5:34	8:04	
2	Sat	6:46	6.4	7:02	7.2	12:26	1.3	12:29	1.6	5:35	8:03	
3	Sun	7:44	6.2	7:56	7.2	1:23	1.3	1:23	1.8	5:36	8:02	
4	Mon	8:44	6.1	8:52	7.2	2:23	1.3	2:20	1.8	5:37	8:00	
5	Tue	9:40	6.2	9:44	7.5	3:20	1.1	3:15	1.7	5:38	7:59	
6	Wed	10:30	6.4	10:32	7.7	4:10	0.9	4:04	1.5	5:39	7:58	
7	Thu	11:15	6.7	11:17	8.0	4:54	0.6	4:50	1.2	5:40	7:56	
8	Fri	11:57	7.0			5:36	0.2	5:33	0.9	5:41	7:55	
9	Sat	12:00	8.3	12:38	7.3	6:15	-0.1	6:17	0.6	5:42	7:54	
10	Sun	12:42	8.5	1:17	7.7	6:54	-0.3	7:01	0.3	5:43	7:52	
11	Mon	1:25	8.7	1:57	8.0	7:33	-0.5	7:46	0.0	5:44	7:51	
12	Tue	2:08	8.7	2:38	8.3	8:14	-0.5	8:33	-0.2	5:46	7:49	
13	Wed	2:54	8.5	3:21	8.5	8:57	-0.5	9:23	-0.2	5:47	7:48	
14	Thu	3:43	8.2	4:09	8.5	9:43	-0.3	10:17	-0.2	5:48	7:47	
15	Fri	4:38	7.9	5:01	8.5	10:33	0.0	11:15	-0.1	5:49	7:45	
16	Sat	5:37	7.5	5:58	8.4	11:28	0.4			5:50	7:44	
17	Sun	6:41	7.1	7:01	8.3	12:17	0.1	12:28	0.7	5:51	7:42	
18	Mon	7:50	6.9	8:08	8.2	1:25	0.2	1:34	0.9	5:52	7:40	
19	Tue	9:00	6.9	9:15	8.3	2:35	0.2	2:43	0.9	5:53	7:39	
20	Wed	10:04	7.1	10:17	8.4	3:41	0.1	3:47	0.8	5:54	7:37	
21	Thu	11:00	7.3	11:12	8.5	4:39	-0.1	4:45	0.6	5:55	7:36	
22	Fri	11:51	7.5			5:30	-0.3	5:37	0.4	5:57	7:34	
23	Sat	12:03	8.6	12:38	7.7	6:17	-0.3	6:25	0.3	5:58	7:33	
24	Sun	12:49	8.5	1:20	7.8	6:59	-0.2	7:10	0.2	5:59	7:31	
25	Mon	1:33	8.3	1:59	7.8	7:38	-0.1	7:53	0.3	6:00	7:29	
26	Tue	2:14	8.0	2:37	7.8	8:15	0.2	8:34	0.4	6:01	7:28	
27	Wed	2:55	7.7	3:14	7.7	8:51	0.5	9:16	0.6	6:02	7:26	
28	Thu	3:36	7.3	3:52	7.5	9:29	0.9	10:00	0.8	6:03	7:24	
29	Fri	4:21	6.9	4:35	7.4	10:09	1.2	10:47	1.0	6:04	7:23	
30	Sat	5:10	6.5	5:21	7.2	10:54	1.5	11:38	1.2	6:05	7:21	
31	Sun	6:03	6.2	6:13	7.0	11:43	1.8			6:06	7:19	