

## Atlantic Heights, NH - Jun 2026

Date		High				Low				☀️		🌙
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:51	8.0	1:34	6.9	7:10	0.2	7:07	1.3	5:06	8:15	☉
2	Tue	1:28	8.0	2:12	6.9	7:47	0.3	7:44	1.4	5:05	8:16	☉
3	Wed	2:05	7.9	2:49	6.8	8:23	0.3	8:22	1.4	5:05	8:17	☉
4	Thu	2:43	7.8	3:28	6.8	9:01	0.4	9:03	1.5	5:04	8:18	☾
5	Fri	3:22	7.7	4:09	6.8	9:40	0.5	9:47	1.5	5:04	8:18	☾
6	Sat	4:05	7.6	4:52	6.9	10:22	0.5	10:34	1.4	5:04	8:19	☾
7	Sun	4:52	7.4	5:36	7.1	11:06	0.6	11:25	1.3	5:03	8:20	☾
8	Mon	5:43	7.3	6:22	7.3	11:51	0.6			5:03	8:20	☾
9	Tue	6:36	7.2	7:11	7.7	12:19	1.1	12:40	0.6	5:03	8:21	☾
10	Wed	7:34	7.2	8:02	8.1	1:16	0.8	1:32	0.6	5:03	8:21	☾
11	Thu	8:34	7.3	8:55	8.5	2:15	0.4	2:27	0.5	5:03	8:22	☾
12	Fri	9:34	7.4	9:49	8.9	3:14	-0.1	3:22	0.4	5:03	8:22	☾
13	Sat	10:32	7.6	10:43	9.2	4:11	-0.5	4:17	0.2	5:02	8:23	☾
14	Sun	11:29	7.8	11:38	9.5	5:06	-0.9	5:12	0.1	5:02	8:23	☾
15	Mon			12:26	7.9	6:01	-1.1	6:07	0.0	5:02	8:24	☾
16	Tue	12:34	9.6	1:22	8.0	6:57	-1.2	7:04	-0.1	5:02	8:24	☾
17	Wed	1:30	9.5	2:18	8.0	7:51	-1.2	8:00	0.0	5:03	8:25	☾
18	Thu	2:26	9.3	3:13	8.0	8:46	-1.0	8:58	0.2	5:03	8:25	☾
19	Fri	3:23	9.0	4:10	8.0	9:41	-0.7	9:58	0.4	5:03	8:25	☾
20	Sat	4:22	8.5	5:08	7.9	10:37	-0.4	11:00	0.5	5:03	8:25	☾
21	Sun	5:23	8.0	6:04	7.9	11:32	0.0			5:03	8:26	☾
22	Mon	6:24	7.6	6:59	7.8	12:03	0.7	12:27	0.4	5:03	8:26	☾
23	Tue	7:24	7.2	7:53	7.8	1:06	0.8	1:22	0.8	5:04	8:26	☾
24	Wed	8:26	6.9	8:46	7.8	2:08	0.8	2:17	1.1	5:04	8:26	☾
25	Thu	9:24	6.7	9:37	7.8	3:07	0.7	3:10	1.3	5:04	8:26	☾
26	Fri	10:17	6.7	10:23	7.8	4:00	0.6	4:00	1.4	5:05	8:26	☉
27	Sat	11:06	6.7	11:07	7.9	4:47	0.5	4:44	1.4	5:05	8:26	☉
28	Sun	11:50	6.7	11:49	7.9	5:31	0.4	5:26	1.4	5:06	8:26	☉
29	Mon			12:32	6.8	6:12	0.3	6:06	1.3	5:06	8:26	☉
30	Tue	12:29	8.0	1:12	6.8	6:50	0.3	6:44	1.3	5:07	8:26	☉