



Atlantic Heights, NH - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:07	8.0	1:49	6.9	7:26	0.3	7:22	1.3	5:07	8:26	☉
2	Thu	1:44	8.0	2:25	7.0	8:00	0.2	7:59	1.2	5:08	8:26	☉
3	Fri	2:20	8.0	3:01	7.1	8:35	0.2	8:39	1.2	5:08	8:26	☉
4	Sat	2:58	7.9	3:37	7.2	9:11	0.2	9:20	1.1	5:09	8:25	☾
5	Sun	3:38	7.8	4:16	7.4	9:49	0.3	10:06	1.0	5:09	8:25	☾
6	Mon	4:22	7.6	4:58	7.6	10:30	0.3	10:55	0.8	5:10	8:25	☾
7	Tue	5:11	7.4	5:43	7.8	11:15	0.4	11:48	0.7	5:11	8:24	☾
8	Wed	6:04	7.3	6:32	8.0			12:03	0.5	5:11	8:24	☾
9	Thu	7:02	7.1	7:26	8.3	12:45	0.5	12:56	0.6	5:12	8:24	☾
10	Fri	8:05	7.1	8:25	8.5	1:46	0.3	1:55	0.6	5:13	8:23	☾
11	Sat	9:11	7.1	9:26	8.8	2:50	0.0	2:56	0.5	5:14	8:23	☾
12	Sun	10:14	7.3	10:26	9.1	3:52	-0.4	3:57	0.4	5:15	8:22	☾
13	Mon	11:14	7.6	11:25	9.3	4:51	-0.7	4:56	0.2	5:15	8:21	☾
14	Tue			12:12	7.8	5:48	-0.9	5:54	0.0	5:16	8:21	☾
15	Wed	12:22	9.4	1:07	8.0	6:43	-1.1	6:51	-0.1	5:17	8:20	☾
16	Thu	1:18	9.4	2:01	8.2	7:36	-1.1	7:46	-0.1	5:18	8:19	☾
17	Fri	2:12	9.2	2:52	8.2	8:26	-0.9	8:41	0.0	5:19	8:19	☾
18	Sat	3:05	8.8	3:43	8.2	9:16	-0.6	9:37	0.1	5:20	8:18	☾
19	Sun	3:59	8.3	4:35	8.1	10:06	-0.2	10:34	0.4	5:21	8:17	☾
20	Mon	4:55	7.8	5:27	7.9	10:57	0.2	11:32	0.6	5:22	8:16	☾
21	Tue	5:52	7.3	6:18	7.8	11:48	0.7			5:22	8:16	☾
22	Wed	6:50	6.8	7:11	7.6	12:31	0.8	12:40	1.1	5:23	8:15	☾
23	Thu	7:50	6.5	8:06	7.5	1:31	0.9	1:35	1.4	5:24	8:14	☾
24	Fri	8:50	6.4	9:01	7.5	2:32	1.0	2:33	1.6	5:25	8:13	☾
25	Sat	9:46	6.4	9:53	7.5	3:29	0.9	3:27	1.6	5:26	8:12	☉
26	Sun	10:37	6.5	10:41	7.7	4:20	0.8	4:16	1.5	5:27	8:11	☉
27	Mon	11:23	6.6	11:24	7.8	5:05	0.6	5:00	1.4	5:28	8:10	☉
28	Tue			12:05	6.8	5:45	0.5	5:40	1.2	5:29	8:09	☉
29	Wed	12:05	8.0	12:44	6.9	6:23	0.3	6:19	1.1	5:30	8:08	☉
30	Thu	12:43	8.1	1:20	7.1	6:57	0.2	6:57	0.9	5:31	8:07	☉
31	Fri	1:20	8.1	1:54	7.3	7:30	0.1	7:35	0.8	5:32	8:05	☉