

































Atlantic Heights, NH - Dec 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:58	7.6	5:16	7.8	10:51	0.6	11:27	0.1	6:54	4:09	
2	Wed	5:59	7.6	6:23	7.5	11:59	0.7			6:56	4:09	
3	Thu	6:59	7.7	7:28	7.3	12:28	0.4	1:07	0.5	6:57	4:08	
4	Fri	7:56	7.9	8:29	7.2	1:27	0.6	2:09	0.3	6:58	4:08	
5	Sat	8:47	8.0	9:23	7.1	2:22	0.7	3:04	0.1	6:59	4:08	
6	Sun	9:34	8.1	10:12	7.1	3:11	0.8	3:52	0.0	7:00	4:08	
7	Mon	10:17	8.1	10:57	7.1	3:55	0.9	4:36	-0.1	7:01	4:08	
8	Tue	10:58	8.1	11:39	7.0	4:37	1.0	5:17	-0.1	7:01	4:08	
9	Wed	11:37	8.0			5:16	1.0	5:56	0.0	7:02	4:08	
10	Thu	12:18	7.0	12:15	8.0	5:54	1.1	6:33	0.1	7:03	4:08	
11	Fri	12:56	6.9	12:52	7.9	6:31	1.1	7:10	0.2	7:04	4:08	
12	Sat	1:34	6.8	1:30	7.7	7:09	1.2	7:46	0.3	7:05	4:08	
13	Sun	2:12	6.7	2:08	7.6	7:48	1.3	8:24	0.4	7:06	4:08	
14	Mon	2:51	6.7	2:50	7.4	8:30	1.4	9:04	0.6	7:06	4:08	
15	Tue	3:33	6.7	3:35	7.2	9:17	1.4	9:47	0.6	7:07	4:08	
16	Wed	4:17	6.8	4:24	7.0	10:06	1.3	10:31	0.7	7:08	4:09	
17	Thu	5:02	7.0	5:17	6.9	10:59	1.2	11:18	0.8	7:09	4:09	
18	Fri	5:49	7.3	6:13	6.8	11:54	0.9			7:09	4:09	
19	Sat	6:39	7.6	7:12	6.9	12:09	0.8	12:52	0.6	7:10	4:10	
20	Sun	7:32	8.0	8:11	7.0	1:03	0.7	1:51	0.1	7:10	4:10	
21	Mon	8:26	8.4	9:08	7.3	1:58	0.5	2:47	-0.3	7:11	4:11	
22	Tue	9:19	8.8	10:03	7.5	2:53	0.3	3:41	-0.8	7:11	4:11	
23	Wed	10:12	9.2	10:58	7.8	3:47	0.0	4:35	-1.1	7:12	4:12	
24	Thu	11:07	9.4	11:52	7.9	4:40	-0.2	5:28	-1.3	7:12	4:12	
25	Fri			12:01	9.5	5:35	-0.3	6:21	-1.4	7:13	4:13	
26	Sat	12:46	8.0	12:56	9.4	6:30	-0.4	7:14	-1.3	7:13	4:13	
27	Sun	1:39	8.1	1:51	9.1	7:25	-0.3	8:07	-1.1	7:13	4:14	
28	Mon	2:34	8.0	2:49	8.6	8:23	-0.1	9:02	-0.7	7:13	4:15	
29	Tue	3:31	7.9	3:49	8.1	9:25	0.1	9:58	-0.3	7:14	4:16	
30	Wed	4:29	7.9	4:52	7.6	10:29	0.3	10:55	0.2	7:14	4:16	
31	Thu	5:27	7.8	5:56	7.1	11:34	0.5	11:50	0.5	7:14	4:17	