


































Atlantic Heights, NH - Mar 2028

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 2:13 | 7.6 | 2:39 | 7.0 | 8:20 | 0.3 | 8:30 | 0.7 | 6:17 | 5:32 |  |
| 2 | Thu | 2:51 | 7.6 | 3:23 | 6.7 | 9:04 | 0.4 | 9:14 | 0.9 | 6:15 | 5:34 |  |
| 3 | Fri | 3:36 | 7.5 | 4:14 | 6.5 | 9:54 | 0.6 | 10:04 | 1.1 | 6:14 | 5:35 |  |
| 4 | Sat | 4:28 | 7.5 | 5:12 | 6.4 | 10:50 | 0.6 | 11:00 | 1.2 | 6:12 | 5:36 |  |
| 5 | Sun | 5:28 | 7.5 | 6:18 | 6.4 | 11:53 | 0.6 | | | 6:10 | 5:37 |  |
| 6 | Mon | 6:35 | 7.6 | 7:27 | 6.6 | 12:04 | 1.1 | 1:00 | 0.4 | 6:09 | 5:39 |  |
| 7 | Tue | 7:44 | 8.0 | 8:31 | 7.1 | 1:13 | 0.8 | 2:06 | 0.0 | 6:07 | 5:40 |  |
| 8 | Wed | 8:48 | 8.4 | 9:27 | 7.7 | 2:19 | 0.3 | 3:03 | -0.5 | 6:05 | 5:41 |  |
| 9 | Thu | 9:46 | 8.8 | 10:19 | 8.4 | 3:19 | -0.3 | 3:56 | -0.9 | 6:04 | 5:42 |  |
| 10 | Fri | 10:40 | 9.1 | 11:09 | 8.9 | 4:14 | -0.8 | 4:45 | -1.2 | 6:02 | 5:43 |  |
| 11 | Sat | 11:33 | 9.2 | 11:57 | 9.2 | 5:07 | -1.3 | 5:34 | -1.3 | 6:00 | 5:45 |  |
| 12 | Sun | | | 1:24 | 9.1 | 6:59 | -1.5 | 7:21 | -1.2 | 6:58 | 6:46 |  |
| 13 | Mon | 1:44 | 9.3 | 2:15 | 8.8 | 7:50 | -1.5 | 8:09 | -0.9 | 6:57 | 6:47 |  |
| 14 | Tue | 2:32 | 9.2 | 3:06 | 8.4 | 8:41 | -1.3 | 8:57 | -0.4 | 6:55 | 6:48 |  |
| 15 | Wed | 3:21 | 8.9 | 4:00 | 7.8 | 9:34 | -0.9 | 9:48 | 0.1 | 6:53 | 6:49 |  |
| 16 | Thu | 4:14 | 8.4 | 4:58 | 7.3 | 10:31 | -0.3 | 10:44 | 0.7 | 6:51 | 6:51 |  |
| 17 | Fri | 5:12 | 7.9 | 6:00 | 6.8 | 11:32 | 0.2 | 11:45 | 1.1 | 6:50 | 6:52 |  |
| 18 | Sat | 6:14 | 7.5 | 7:05 | 6.5 | | | 12:37 | 0.6 | 6:48 | 6:53 |  |
| 19 | Sun | 7:19 | 7.2 | 8:10 | 6.4 | 12:50 | 1.4 | 1:45 | 0.8 | 6:46 | 6:54 |  |
| 20 | Mon | 8:25 | 7.1 | 9:11 | 6.5 | 1:59 | 1.5 | 2:48 | 0.8 | 6:44 | 6:55 |  |
| 21 | Tue | 9:25 | 7.2 | 10:02 | 6.8 | 3:02 | 1.3 | 3:42 | 0.7 | 6:42 | 6:57 |  |
| 22 | Wed | 10:16 | 7.3 | 10:46 | 7.0 | 3:56 | 1.1 | 4:28 | 0.6 | 6:41 | 6:58 |  |
| 23 | Thu | 11:00 | 7.4 | 11:25 | 7.3 | 4:41 | 0.8 | 5:06 | 0.5 | 6:39 | 6:59 |  |
| 24 | Fri | 11:41 | 7.5 | | | 5:22 | 0.6 | 5:41 | 0.4 | 6:37 | 7:00 |  |
| 25 | Sat | 12:01 | 7.6 | 12:18 | 7.6 | 5:59 | 0.3 | 6:13 | 0.4 | 6:35 | 7:01 |  |
| 26 | Sun | 12:34 | 7.7 | 12:54 | 7.6 | 6:33 | 0.2 | 6:44 | 0.4 | 6:34 | 7:02 |  |
| 27 | Mon | 1:05 | 7.9 | 1:29 | 7.5 | 7:07 | 0.0 | 7:15 | 0.5 | 6:32 | 7:04 |  |
| 28 | Tue | 1:35 | 7.9 | 2:03 | 7.4 | 7:41 | 0.0 | 7:48 | 0.6 | 6:30 | 7:05 |  |
| 29 | Wed | 2:07 | 8.0 | 2:38 | 7.2 | 8:17 | 0.0 | 8:24 | 0.7 | 6:28 | 7:06 |  |
| 30 | Thu | 2:42 | 7.9 | 3:17 | 7.0 | 8:56 | 0.1 | 9:03 | 0.8 | 6:27 | 7:07 |  |
| 31 | Fri | 3:23 | 7.9 | 4:02 | 6.9 | 9:40 | 0.2 | 9:49 | 0.9 | 6:25 | 7:08 |  |