

































Atlantic Heights, NH - Jan 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:41	8.7			5:16	0.3	5:57	-0.7	7:14	4:19	
2	Tue	12:20	7.6	12:25	8.8	6:01	0.1	6:39	-0.9	7:14	4:19	
3	Wed	1:03	7.8	1:11	8.8	6:48	-0.1	7:23	-0.9	7:14	4:20	
4	Thu	1:47	8.0	1:59	8.7	7:37	-0.2	8:09	-0.9	7:14	4:21	
5	Fri	2:35	8.2	2:50	8.4	8:29	-0.2	8:58	-0.7	7:14	4:22	
6	Sat	3:26	8.2	3:47	8.0	9:26	-0.2	9:51	-0.4	7:14	4:23	
7	Sun	4:21	8.2	4:49	7.6	10:26	-0.1	10:47	0.0	7:14	4:24	
8	Mon	5:19	8.2	5:54	7.3	11:30	0.0	11:47	0.3	7:13	4:25	
9	Tue	6:20	8.2	7:03	7.1			12:38	0.0	7:13	4:27	
10	Wed	7:25	8.2	8:11	7.0	12:51	0.5	1:47	-0.1	7:13	4:28	
11	Thu	8:27	8.3	9:13	7.1	1:57	0.6	2:50	-0.3	7:13	4:29	
12	Fri	9:25	8.4	10:09	7.3	2:57	0.5	3:47	-0.4	7:12	4:30	
13	Sat	10:18	8.5	11:00	7.4	3:52	0.4	4:38	-0.6	7:12	4:31	
14	Sun	11:08	8.5	11:47	7.5	4:43	0.3	5:24	-0.6	7:11	4:32	
15	Mon	11:53	8.5			5:30	0.2	6:07	-0.5	7:11	4:33	
16	Tue	12:29	7.5	12:36	8.3	6:14	0.3	6:47	-0.4	7:10	4:35	
17	Wed	1:09	7.5	1:16	8.1	6:56	0.3	7:25	-0.2	7:10	4:36	
18	Thu	1:48	7.5	1:56	7.8	7:37	0.5	8:01	0.1	7:09	4:37	
19	Fri	2:26	7.4	2:37	7.4	8:19	0.6	8:39	0.4	7:08	4:38	
20	Sat	3:05	7.3	3:21	7.0	9:02	0.8	9:19	0.7	7:08	4:40	
21	Sun	3:47	7.2	4:09	6.6	9:49	1.0	10:02	1.0	7:07	4:41	
22	Mon	4:32	7.1	5:00	6.3	10:40	1.1	10:48	1.3	7:06	4:42	
23	Tue	5:20	7.0	5:56	6.1	11:34	1.2	11:39	1.5	7:06	4:43	
24	Wed	6:13	7.0	6:56	6.0			12:32	1.1	7:05	4:45	
25	Thu	7:10	7.1	7:57	6.1	12:35	1.5	1:33	1.0	7:04	4:46	
26	Fri	8:06	7.4	8:51	6.4	1:33	1.4	2:29	0.6	7:03	4:47	
27	Sat	8:58	7.8	9:40	6.8	2:28	1.1	3:18	0.2	7:02	4:49	
28	Sun	9:47	8.2	10:26	7.2	3:19	0.7	4:04	-0.3	7:01	4:50	
29	Mon	10:34	8.6	11:10	7.6	4:07	0.3	4:48	-0.7	7:00	4:51	
30	Tue	11:20	8.9	11:54	8.1	4:54	-0.2	5:32	-1.0	6:59	4:53	
31	Wed			12:07	9.1	5:42	-0.6	6:15	-1.2	6:58	4:54	