
































## Atlantic Heights, NH - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:38	9.5	2:17	8.5	7:51	-1.4	8:05	-0.4	5:35	7:44	
2	Mon	2:28	9.2	3:10	8.2	8:43	-1.1	8:56	0.0	5:34	7:45	
3	Tue	3:20	8.8	4:04	7.9	9:36	-0.7	9:51	0.4	5:33	7:46	
4	Wed	4:15	8.3	5:01	7.5	10:31	-0.2	10:49	0.8	5:31	7:47	
5	Thu	5:13	7.9	5:59	7.3	11:28	0.2	11:49	1.1	5:30	7:49	
6	Fri	6:12	7.5	6:56	7.2			12:26	0.5	5:29	7:50	
7	Sat	7:12	7.2	7:52	7.2	12:51	1.3	1:23	0.8	5:27	7:51	
8	Sun	8:11	7.1	8:46	7.3	1:53	1.3	2:19	0.9	5:26	7:52	
9	Mon	9:08	7.0	9:35	7.4	2:51	1.1	3:10	0.9	5:25	7:53	
10	Tue	9:59	7.1	10:19	7.7	3:43	0.9	3:55	0.9	5:24	7:54	
11	Wed	10:44	7.2	10:59	7.8	4:27	0.6	4:36	0.8	5:23	7:55	
12	Thu	11:27	7.3	11:36	8.0	5:08	0.4	5:13	0.8	5:22	7:56	
13	Fri			12:07	7.3	5:46	0.2	5:49	0.7	5:20	7:57	
14	Sat	12:12	8.1	12:46	7.4	6:22	0.0	6:25	0.7	5:19	7:58	
15	Sun	12:48	8.2	1:24	7.4	6:58	-0.1	7:02	0.7	5:18	8:00	
16	Mon	1:24	8.3	2:01	7.4	7:35	-0.2	7:41	0.7	5:17	8:01	
17	Tue	2:01	8.3	2:40	7.4	8:15	-0.2	8:22	0.7	5:16	8:02	
18	Wed	2:41	8.3	3:23	7.4	8:57	-0.2	9:08	0.7	5:15	8:03	
19	Thu	3:26	8.3	4:10	7.5	9:43	-0.2	9:58	0.7	5:14	8:04	
20	Fri	4:17	8.2	5:02	7.6	10:33	-0.1	10:53	0.7	5:14	8:05	
21	Sat	5:13	8.1	5:58	7.7	11:27	-0.1	11:53	0.6	5:13	8:06	
22	Sun	6:14	8.0	6:56	7.9			12:24	-0.1	5:12	8:07	
23	Mon	7:18	7.9	7:56	8.2	12:56	0.4	1:23	-0.1	5:11	8:08	
24	Tue	8:24	7.9	8:56	8.6	2:01	0.1	2:24	-0.1	5:10	8:09	
25	Wed	9:28	8.1	9:53	9.0	3:05	-0.3	3:23	-0.2	5:10	8:10	
26	Thu	10:27	8.2	10:46	9.2	4:05	-0.7	4:19	-0.3	5:09	8:10	
27	Fri	11:24	8.3	11:38	9.4	5:00	-1.0	5:12	-0.4	5:08	8:11	
28	Sat			12:18	8.4	5:54	-1.2	6:04	-0.3	5:08	8:12	
29	Sun	12:30	9.4	1:10	8.3	6:45	-1.2	6:55	-0.2	5:07	8:13	
30	Mon	1:20	9.3	2:01	8.2	7:35	-1.1	7:45	0.0	5:07	8:14	
31	Tue	2:09	9.0	2:51	8.0	8:24	-0.8	8:35	0.3	5:06	8:15	