































Atlantic Heights, NH - Jun 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:58	8.7	3:41	7.8	9:13	-0.5	9:26	0.6	5:05	8:16	
2	Thu	3:48	8.2	4:32	7.5	10:03	-0.1	10:19	0.9	5:05	8:16	
3	Fri	4:40	7.8	5:24	7.4	10:53	0.3	11:14	1.1	5:05	8:17	
4	Sat	5:34	7.4	6:15	7.3	11:43	0.6			5:04	8:18	
5	Sun	6:29	7.1	7:06	7.3	12:10	1.3	12:33	0.9	5:04	8:18	
6	Mon	7:24	6.9	7:57	7.3	1:07	1.3	1:25	1.0	5:04	8:19	
7	Tue	8:21	6.8	8:47	7.4	2:05	1.3	2:16	1.1	5:03	8:20	
8	Wed	9:15	6.8	9:34	7.6	2:59	1.1	3:05	1.2	5:03	8:20	
9	Thu	10:05	6.9	10:17	7.8	3:48	0.8	3:50	1.1	5:03	8:21	
10	Fri	10:51	7.0	10:58	8.0	4:32	0.6	4:32	1.0	5:03	8:22	
11	Sat	11:34	7.1	11:38	8.2	5:12	0.3	5:13	0.9	5:03	8:22	
12	Sun			12:16	7.3	5:52	0.0	5:53	0.8	5:03	8:23	
13	Mon	12:18	8.4	12:57	7.4	6:32	-0.2	6:35	0.6	5:02	8:23	
14	Tue	12:58	8.6	1:38	7.6	7:12	-0.4	7:18	0.5	5:02	8:24	
15	Wed	1:40	8.7	2:20	7.7	7:54	-0.5	8:03	0.4	5:02	8:24	
16	Thu	2:24	8.7	3:05	7.8	8:38	-0.6	8:51	0.3	5:02	8:24	
17	Fri	3:11	8.6	3:53	8.0	9:25	-0.6	9:43	0.3	5:03	8:25	
18	Sat	4:02	8.5	4:45	8.1	10:15	-0.5	10:39	0.3	5:03	8:25	
19	Sun	4:59	8.3	5:40	8.2	11:08	-0.4	11:38	0.2	5:03	8:25	
20	Mon	5:59	8.1	6:37	8.3			12:04	-0.2	5:03	8:26	
21	Tue	7:02	7.9	7:36	8.5	12:41	0.2	1:02	-0.1	5:03	8:26	
22	Wed	8:08	7.7	8:37	8.7	1:46	0.0	2:03	0.1	5:04	8:26	
23	Thu	9:13	7.7	9:35	8.8	2:51	-0.2	3:04	0.1	5:04	8:26	
24	Fri	10:14	7.8	10:31	9.0	3:52	-0.4	4:02	0.1	5:04	8:26	
25	Sat	11:11	7.9	11:24	9.1	4:49	-0.7	4:57	0.1	5:04	8:26	
26	Sun			12:05	7.9	5:41	-0.8	5:49	0.1	5:05	8:26	
27	Mon	12:15	9.1	12:55	7.9	6:32	-0.8	6:39	0.2	5:05	8:26	
28	Tue	1:03	8.9	1:43	7.9	7:19	-0.7	7:27	0.3	5:06	8:26	
29	Wed	1:50	8.7	2:29	7.8	8:04	-0.5	8:13	0.5	5:06	8:26	
30	Thu	2:35	8.5	3:13	7.7	8:47	-0.3	8:59	0.7	5:07	8:26	