

































Atlantic Heights, NH - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:20	8.1	3:58	7.6	9:31	0.0	9:46	0.9	5:07	8:26	
2	Sat	4:06	7.7	4:44	7.5	10:14	0.3	10:35	1.1	5:08	8:26	
3	Sun	4:54	7.4	5:30	7.4	10:58	0.6	11:26	1.2	5:08	8:25	
4	Mon	5:44	7.1	6:17	7.3	11:44	0.9			5:09	8:25	
5	Tue	6:36	6.8	7:05	7.3	12:18	1.3	12:31	1.1	5:10	8:25	
6	Wed	7:31	6.6	7:55	7.4	1:12	1.3	1:20	1.2	5:10	8:25	
7	Thu	8:27	6.6	8:46	7.5	2:08	1.2	2:12	1.3	5:11	8:24	
8	Fri	9:22	6.6	9:34	7.8	3:02	1.0	3:03	1.2	5:12	8:24	
9	Sat	10:12	6.8	10:20	8.0	3:51	0.7	3:51	1.1	5:12	8:23	
10	Sun	10:58	7.0	11:04	8.3	4:37	0.3	4:37	0.8	5:13	8:23	
11	Mon	11:43	7.3	11:49	8.6	5:20	0.0	5:23	0.6	5:14	8:22	
12	Tue			12:28	7.6	6:04	-0.3	6:08	0.3	5:15	8:22	
13	Wed	12:34	8.8	1:12	7.9	6:47	-0.6	6:55	0.1	5:16	8:21	
14	Thu	1:19	9.0	1:57	8.1	7:32	-0.8	7:44	-0.1	5:16	8:21	
15	Fri	2:06	9.0	2:43	8.3	8:17	-0.9	8:34	-0.2	5:17	8:20	
16	Sat	2:56	8.9	3:32	8.5	9:05	-0.9	9:27	-0.2	5:18	8:19	
17	Sun	3:48	8.7	4:24	8.6	9:55	-0.7	10:23	-0.2	5:19	8:19	
18	Mon	4:45	8.4	5:20	8.6	10:49	-0.5	11:24	-0.1	5:20	8:18	
19	Tue	5:46	8.1	6:18	8.6	11:45	-0.2			5:21	8:17	
20	Wed	6:49	7.7	7:18	8.5	12:26	0.0	12:44	0.1	5:22	8:16	
21	Thu	7:55	7.5	8:21	8.5	1:32	0.0	1:47	0.3	5:23	8:15	
22	Fri	9:02	7.4	9:22	8.6	2:39	0.0	2:50	0.4	5:24	8:14	
23	Sat	10:03	7.5	10:19	8.6	3:42	-0.2	3:51	0.4	5:25	8:14	
24	Sun	10:59	7.6	11:12	8.7	4:38	-0.3	4:45	0.4	5:26	8:13	
25	Mon	11:50	7.7			5:29	-0.4	5:36	0.3	5:27	8:12	
26	Tue	12:01	8.7	12:38	7.7	6:16	-0.4	6:23	0.3	5:28	8:11	
27	Wed	12:47	8.6	1:22	7.7	7:00	-0.4	7:08	0.4	5:29	8:10	
28	Thu	1:30	8.4	2:03	7.7	7:40	-0.2	7:50	0.5	5:30	8:08	
29	Fri	2:11	8.2	2:42	7.7	8:19	-0.1	8:31	0.6	5:31	8:07	
30	Sat	2:51	8.0	3:21	7.6	8:56	0.2	9:13	0.7	5:32	8:06	
31	Sun	3:32	7.7	4:01	7.5	9:34	0.4	9:56	0.9	5:33	8:05	